

the inside track



FORT WAYNE
TRACK CLUB

1987
October

NEWSLETTER OF THE FORT WAYNE TRACK CLUB

10th Annual

SUMMIT

CITY

10K



Sponsored by

St. Joseph



MEDICAL CENTER

SUNDAY, OCTOBER 25, 1987

2:00 P.M.

Freimann Square

LOOK INSIDE FOR MORE DETAILS

Fort Wayne Track Club

Officers and Board Members 1987

JIM BUSHEY
PRESIDENT
747-3770

JUDY TILLAPAUGH
VICE PRESIDENT
424-6723

RANDY LAVINE
V. P./MEMBERSHIP
493-2420

DON LINDLEY
TREASURER
456-8739

GARY HOOTEN
SECRETARY
482-1927

TIM FLEMING
ENTERTAINMENT
749-8027

MARK BRATTOLI
PUBLICITY
493-6240

NORM SPITZIG
ADVERTISING
432-2581

RON HORAN
NEWSLETTER
447-6627

ANN JAMISON
RUNNERS WEEK
627-5450

LYN HANDLIN
RACE SCHEDULE
447-5321

CLEM GETTY
EQUIPMENT
638-4890

DENNY MARKS
BOARD MEMBER
447-4567

CHUCK DEVAULT
BOARD MEMBER
482-2272

**NEXT TRACK CLUB
MEMBERSHIP MEETING
SUNDAY, NOVEMBER 15, 1987; 7:00 pm.
at Bushey's Inc., 1701 Fairfield Ave.
FREE REFRESHMENTS**

DISPLAY ADVERTISING RATES

Full Page (4½ x 7¾ inches) \$50.00

Half Page (4½ x 3¾ inches 35.00

Quarter Page (2¼ x 3¾ inches 22.00

Insert Race Application (includes printing results)
12 x Entry fee, minimum \$35.00 (10x entry fee
paid in advance)

Advertising must be supplied, camera ready art,
or layout charges will be incurred.

All race applications must be supplied for insertion.
Inside Track publishes 700 issues monthly.

1987 FWTC RACE SCHEDULE

February 21, 1987

Fanny Freezer 5K; Foster Park, 2:00 PM.

March 14, 1987

Nutra Run 20K; Woodside Middle School, Fort Wayne, IN., 2:00 pm.

May 2, 1987

American Cancer Society 5K; Canterbury Green, 9:00 am.

May 3, 1987

Foster Park 13.1 mile; Foster Park 8:00 am.

May 17, 1987

WMEE/Key Health Plan Marathon, 8K/26.2 miles; Johnny Appleseed, 8:00 am.

June 13, 1987

Hilly 4, 4 mile; Homestead, 9:00 am.

June 20, 1987

Central Soya, 5 mile Downtown, 6:00 pm.

June 27, 1987

White River Park, 5 mile; Shoaff Park, 8:00 am.

August 29, 1987

Big Brothers / Sisters, 2 mile / 5 mile; Foster Park, 5:00 pm.

September 13, 1987

Scholarship Fund Run; IUPU, Fort Wayne, 8:00 am.

October 25, 1987

Summit City, 10K; 2:00 pm.

December 12, 1987

J. P. Jones, 10K; Foster Park, 2:00 pm.

1987 LOCAL RACE SCHEDULE

October 18, 1987

Mid America Festival of Running, 3rd. Annual Muncie Marathon & 50K Ultra, 5K - 8:30 am., 10K - 9:15 am., Marathon - 8:00 am.; Muncie, IN.

October 24, 1987

Race to the Finish. Sponsored by Grandview and Southview Hospitals and ARA Healthcare Nutrition Services; 1 Mile Fun Run (starts 9:00 am.). 10K Race (starts 9:30 am.). The Grand Twosome (starts 9:30 am.); Dayton, Ohio; For information call Pam Cleveland at 513-226-3250.

November 8, 1987

POW-MIA Benefit Run; 1 Fun Run (starts at 1:40 pm.), 5 Mile (starts at 1:30 pm.); Kokomo, IN

1987 SPORTS TECH TRIPLE CROWN

These three races are point races! Sponsored by Sports Tech.

October 31, 1987

Homestead 15K; Homestead, 10:00 am.

PRESIDENT'S COLUMN

By Jim Bushey

THE END HAS COME.....

MY SECOND TERM AS PRESIDENT IS UP, IT IS TIME TO STEP ASIDE AND LET NEW LEADERSHIP CONTINUE THE WORK OF THE CLUB. I HAVE ENJOYED THE PAST TWO YEARS AND OWE MANY THANKS TO EVERYONE WHO HAS PARTICIPATED IN BOARD MEETINGS, RACES AND PLANNING. THE NAMES ARE TOO NUMEROUS TO MENTION (AND I MIGHT FORGET SOMEONE) BUT YOU KNOW WHO YOU ARE, AND I THANK YOU!

JUDY TILLAPPAUGH HAS DONE SO MUCH WORK ON THE BOARD AS VICE-PRESIDENT THIS PAST YEAR, YOU WILL SEE A SMOOTH TRANSITION AS HER BOARD TAKES SHAPE IN THE NEXT FEW MONTHS. GIVE JUDY, DENNY MARKS, RON HORAN, BETTY NELSON AND ALL THE NEW BOARD MEMBERS YOUR SUPPORT. IF THEY ASK YOU TO VOLUNTEER OR ASSIST IN ANY CLUB FUNCTIONS, PLEASE DO!

THIS YEARS BOARD IS FINISHING UP ON SOME PROJECTS THAT YOU CAN LOOK FORWARD TO:

- A CLUB BROCHURE TO BE AVAILABLE AT RACES, SPORTING GOODS STORES AND THE CHAMBER.
- WORKING WITH THE INDY ROAD RUNNERS AND THE RRCA CONVENTION NEXT MAY.
- A BILLING SYSTEM AND OFFICIAL FWTC PATCH WHEN YOU PAY YOUR 1988 DUES.
- POSSIBLY A POINTS SYSTEM IN 1988?

ALL THESE ARE PLANS STARTED FOR 1988 AND WE NEED YOUR INPUT AND SUPPORT. GET INVOLVED, BE PROUD OF YOUR CLUB AND IT'S CONTRIBUTION TO THE COMMUNITY!

SEE YOU ON THE ROADS....

Just Plain 10K

It's not too early to think about the December 12th Just Plain 10K at Foster Park. Look thru the many T-shirts you have aquired this year and decide which one or ones you wish to donate for the race entry fee. More details will follow.

COME RUN WITH US

SINCERELY,
James E. Bushey
JAMES E. BUSHEY
PRESIDENT

YOU HAVE OUR SUPPORT AND WE LOOK FORWARD TO WORKING WITH THE PARK DEPARTMENT IN DEVELOPING PROGRAMS THAT ALL CITIZENS CAN PARTICIPATE IN.

THE CLUB WOULD LIKE TO SEE THE GREENWAY CONNECTED FROM TILLMAN ROAD ALL THE WAY OUT TO JOHNNY APPELSEED PARK. THIS WOULD ALLOW RUNNERS, WALKERS AND BICYCLIST TO HAVE A SAFE PLACE TO TRAIN AND WORK OUT. OUR GOAL AS A CLUB IS TO PROMOTE HEALTH AND FITNESS IN THE LOCAL COMMUNITY TO HELP ALL CITIZENS HAVE A HEALTHIER AND SAFER LIFE.

MANY CLUB MEMBERS.

- TUESDAY, THURSDAY, SATURDAY WEEKLY TRAINING RUNS HELD BY
- ULTRA MARATHON, HELD IN FOSTER PARK AND THE GREENWAY.
- GTE RIVER GREENWAY CHALLENGE.
- WALKERS PARTICIPATED ON A BEAUTIFUL SUMMER EVENING.
- CENTRAL SOYA COMMUNITY CLASSIC, OVER 700 RUNNERS AND

SOME OF THE EVENTS HELD ON THE GREENWAY:

THE FORT WAYNE TRACK CLUB ENCOURAGES YOU AND THE DEPARTMENT IN YOUR BID FOR A LAND AND WATER CONSERVATION FUND GRANT. THE RIVER GREENWAY IS FUNDAMENTAL IN ALL OF OUR LIVES AS A MEETING AND TRAINING BASE FOR FORT WAYNE TRACK CLUB MEMBERS.

DEAR BOB:

ROBERT C. ARNOLD
FORT WAYNE PARKS AND RECREATION
705 EAST STATE BLVD.
FORT WAYNE, IN 46805

SEPTEMBER 29, 1987



FWTC BOARD MEETING

The Track Club Board meeting was held on September 15 at Bushey's Incorporated. Those in attendance were Jim Bushey, Gary Hooten, Judy Tillapaugh, J.F. Jones, Randy Lavine, Don Lindley, Mike Ducey, Chuck DeWalt, and Roger Wilson. The meeting was called to order at 7:15 by Vice-President Judy Tillapaugh.

Minutes- No additions or deletions were made to the minutes of the August meeting.

Treasurer's Report- Income for August was \$1,205.73. Expenses were \$145.90. Board approved two exceptions for membership. One for \$15 and one for \$24.

Membership- A booth for the Track Club will be set up at the Summit City 10K. Also, a suggestion was made for a discount on dues when you purchase multiple years. This was tabled until a later date.

Equipment- One of the clocks was shipped back to the company for evaluation on if it could be repaired. If not, a new clock may have to be purchased. A discussion was held on whether we need two clocks. A further discussion will take place when we receive the evaluation. Income from clock rental year to date is approximately \$1,050.

Newsletter- Deadline for publication for October Newsletter is 9-18-87. The race results and other information is not being received on a timely basis. Be sure to provide information well ahead of deadlines.

Advertising- The ad for the Parlor City Trot did not appear in the September Newsletter. Don Lindley will send letter to Doug Sundling in regard to this.

Publicity- No report.

Runners Week- One of the camera's is in need of repair. The track club will pay for repairs.

Summit City 10K- To date, 130 entries have been received. Volunteers are needed before, during, and after the race. If you can help, please contact Jim Bushey.

Scholarship Fund Run- 65 people participated in the event and \$340 was raised for the I.U.-P.U. Cross Country Team. The Board voted to provide an additional \$60 to bring the total to \$400.

Brochure- The cost for 2,000 brochures is \$500. The cost for 4,000 is \$685. The cost includes lettering, typesetting, printing, prints and materials. The board voted to print 4,000 brochures.

Old Business- None.

New Business- J.P. Jones talked about his 10K on December 12. A t-shirt again will need to be donated by each runner.

The meeting was adjourned at 9:15.

Respectfully submitted,
Gary Hooten, Secretary

LETTERS TO THE EDITOR



223 W Erie Street
Chicago, Illinois 6061
(312) 951-0660

August 17, 1987

Dear Runner:

I want to thank you for your patience during the past months regarding the status of America's Marathon/Chicago. Most importantly, I want to share with you--and hope you understand--the reasons for rescheduling the marathon from our usual fall date to spring--May 8, 1988. The decision was based on the most effective way to secure sponsors, who are absolutely necessary for the marathon to continue.

My company, Flair Communications, underwrote the marathon for two years (1977/1978). The Flair Foundation managed it as a not-for-profit venture with Beatrice Companies as the exclusive sponsor for the past eight years. Beatrice discontinued their sponsorship last year when they became a private company.

When searching for new sponsors, we knew that most major companies plan with 18 months lead time. To provide them this amount of time for marathon plans, we moved the date from fall 1987, to May 8, 1988.

When approaching companies to become sponsors, the first question asked is always about TV network coverage as the potential sponsor wants to know how much national exposure the event will have. For the past three years the marathon was aired by CBS via tape delay, and Beatrice had always bought the majority of the commercial time.

Without Beatrice buying the commercial time, the only opportunity to get TV coverage was to move to a spring date where there is room for sports programs. During the fall months TV is saturated with sports programming...The World Series, College and Professional Football, etc., and the networks wouldn't schedule our marathon.

Therefore, we made the decision to move to May 8, 1988. By doing this, we have been advised that ABC will televise the marathon for three hours. Now, we can approach potential sponsors and tell them we have what they want...TV.

For all the Midwest runners...I trained in Chicago to run the April Boston Marathon four times (1976 through 1979) so I know about weather conditions that aren't ideal. I appreciate most of you would have preferred training for a fall date versus spring; but as stated earlier, to have a marathon sponsors are absolutely necessary and to get them, we had to provide adequate lead time and assure TV coverage.

For our eleventh America's Marathon/Chicago, we'll look forward to seeing you at the start and finish lines on Sunday, May 8, 1988.

In our search for companies, we secured Nestle Foods to sponsor a running event in the fall. As a result, the "Colombian Select" Half Marathon will be run on Sunday, October 25, 1987. Information is enclosed regarding this event.

Good luck in your training.

Sincerely,


Lee F. Flaherty
Chairman and Founder



INDIANA UNIVERSITY
PURDUE UNIVERSITY
AT FORT WAYNE

Office of the Chancellor
(219) 481-6103

September 22, 1987

Mr. Don Lindley
Fort Wayne Track Club
P.O. Box 11703
Fort Wayne, Indiana 46860

Dear Mr. Lindley:

Thank you for the recent gift of \$400.00 from the Fort Wayne Track Club for athletic scholarships for cross country.

The entire Indiana University-Purdue University at Fort Wayne campus community joins me in expressing gratitude for this thoughtful contribution. Each donation forges a new link in the unbroken chain of support that has sustained IPFW since its beginnings and has helped assure excellence in public higher education in our region.

Your financial leadership assists us in developing the mature urban university northeastern Indiana needs and deserves, now and in the future.

Sincerely,



Thomas P. Wallace
Chancellor

TPW/bds

NUTRITION IN QUESTION

by Judy Newman, R.D. & Judy Tillapaugh, R.D.

Any nutrition issues on your mind? Do you often wonder what is right to eat? Maybe we could help you. You are invited to send your nutrition questions to Judy Newman and Judy Tillapaugh, both registered dietitians, at St. Joseph Medical Center. Answers will be included in the Inside Track. Mail nutrition questions to: Judy Newman R.D. & Judy Tillapaugh R.D. Nutrition Services, St. Joseph Medical Center, 700 Broadway, Fort Wayne, IN 46802

Dear Judy,

My life is so busy. How can I be sure I'm getting good nutrition when I eat on the run?

Dear Eating On the Fast Lane,

Twenty years ago eating out was considered a monthly splurge or an activity for special occasions like birthdays, anniversaries and graduations. Today, an average American eats out over four times a week and may spend 40% of the food budget on meals eaten away from home. Busy singles and families are short on time and want quick convenient food. Since these same busy people are also more knowledgeable and concerned about nutrition, restaurants who want their share of the eating-out-budget are recognizing light dining as a cry of the very near future.

The establishments that have captured the biggest share of the food budget have lived in the fast lane by providing a limited menu. Fast food restaurants are now beginning to show they can bend with the wave of the future. They are also responding to the educated consumer who now knows what is in the food they're eating on-the-run. Consumers discovered 10 gm more of total fat and 7 mg more cholesterol in a fish (fried) sandwich than in a cheeseburger. The chicken nuggets at a popular chain contain 4 gm more total fat and 23 mg more cholesterol than their cheeseburger. A knowledgeable consumer would shudder at the amount of fat and cholesterol in a deep fried chicken patty on large bun with accompanying sauce.

Consumers are forcing fast-food establishments to focus more attention on nutrition. A wise consumer will continue to search the fast food jungle to separate the nutritious from the fat. Major chains are making attempts to trim the fat, cholesterol and sodium from menu choices and offer items higher in fiber. Most restaurants will not ignore the consumer who asks that sauces, mayonnaise, tartar sauce or butter be omitted from their selection. After adverse publicity last year, several chains switched to frying foods in polyunsaturated vegetable oils rather than the saturated fat they were using. Low fat milk is also available in many fast stop restaurants.

Judy Tillapaugh answering a nutrition question about beer at the board meeting. The answer was, "yes."



(Continued on next page)

The chains with salad bars have been so successful they've added more options and competitors are offering pre-made salads with the choice of a low-fat dressing among others. A filling, reasonably low fat and low calorie meal can be obtained by selecting a salad of greens, a variety of raw vegetables, low fat protein items and lightly topped with low fat salad dressing; a carton of low fat milk and fruit juice. The prepackaged small salad with light dressing, a hamburger, carton of low fat milk and fruit juice provides a complete meal that is reasonable low fat and moderate in calories. The prepackaged salad with protein, light dressing, carton of skim milk and fruit juice is only lacking an item from the bread group to round out its nutrition score.

What will the wave of the future bring? Many chains are testing chicken and fish dishes that are baked, broiled or steamed rather than fried and trying different vegetable options. Pizza which was always our best nutrition choice (without the high fat meat toppings) is becoming even more popular. With a tomato sauce base, low fat cheese and flour based crust, pizza provides a meal of low fat nutrition. Mexican fast food restaurants can provide balanced lower fat choices as long as choices are not fried. Where ever you choose to eat-on-the-run it is possible to make choices that fit our new healthy life styles and provide less fat, sodium and calories and more fiber.

Here are some examples of low fat, lower in sodium and calorie choices:

Item	Calories	Fat	Sodium
Burger King Chicken Tenders (6) Salad Diet Soda	239	10 gm	660 mg
Pizza Hut Thin 'n Crispy Cheese Pizza-- 2 slices Salad	374	11 gm	924 mg
Wendy's Chili, Salad Low Fat Milk	380	11 gm	1134 mg
Arby's Regular Roast Beef Salad Diet Soda	450	18 gm	925 mg
McDonald's Hamburger Side Salad Light Dressing Diet Soda	345	12 gm	826 mg
Salad Bar 2 Cup Greens 1 Cup Mixed Plain Raw Vegetables 1 T. Dressing 4 Crackers or Bread Sticks Low Fat Milk Fruit Juice	425	10 gm	620mg

**Volunteers are needed for
the Summit City 10K.
Call Mike Ducey 484-4322**

Big Brothers/Big Sisters of greater Fort Wayne

919 Fairfield Avenue



Fort Wayne, Indiana • 46802

(219) 424-1600

TO: Participants, Big Brothers/Big Sisters PARK RUN
FROM: Frank Zirille, Executive Director
DATE: September 3, 1987

Our Ninth Annual Arby's Big Brothers/Big Sisters PARK RUN was a success with over 400 entrants enjoying the race festivities and the knowledge they helped support our agency.

Although Big Brothers/Big Sisters raised funds on the event, a main purpose of the PARK RUN has been to draw attention to our organization as we attempt to recruit additional volunteers.

At this time over 300 youths in Allen and surrounding satellite programs remain unmatched and in need of positive adult relationships.

We are especially thankful for Arby's support as they covered all costs associated with the PARK RUN. All entry fees go directly to the support of our agency.

Place	Name	Age/Div.	Place	Time	Place	Name	Age/Div.	Place	Time
TWO MILE RUN RESULTS									
1	Tom Loucks	28/1	33	9:33	33	Greg Ward	13/4	13:34	
2	Vince Garcia	33/1	34	9:40	34	Paige Valenta	12/1	13:41	
3	Mark Sanderson	26/2	35	9:53	35	Paul Sabrack	35/3	13:50	
4	Brian Sears	29/3	36	10:01	36	Charles Middleton	33/5	13:52	
5	Calvin King	30/2	37	10:32	37	Michael Rhoads	32/6	13:56	
6	Dennis Erman	21/1	38	10:41	38	Gary Selking	26/6	14:05	
7	Jed Pearson	36/1	39	10:51	39	James Heymann	44/3	14:07	
8	Robert Schendel	31/3	40	10:53	40	Windi-Sue Guntsch	9/1	14:09	
9	Terry Campbell	26/4	41	10:57	41	Jason Clagg	10/1	14:14	
10	Larry Targgart	46/1	42	11:00	42	Dan Stafford	12/5	14:16	
11	Jack Morris	50/1	43	11:02	43	Tony Stump	27/7	14:17	
12	David Geiger	26/5	44	11:12	44	Kenna Klitzman	12/2	14:18	
13	Art Obregon	40/1	45	11:13	45	Rudy Kleinknight	43/4	14:24	
14	Fred Ross	46/2	46	11:33	46	Pam Lochner	29/1	14:41	
15	Mark Kuhn	21/2	47	11:37	47	Glenn Shuman	15/4	14:42	
16	Craig Miller	51/2	48	11:44	48	Jimmy Hoff	11/6	14:46	
17	Bill Aksamit	35/2	49	11:44	49	John Judd	44/5	14:47	
18	Myron Meyer	60/1	50	11:52	50	Chris Kaufman	11/7	14:49	
19	Jon Wilkins	13/1	51	12:04	51	Bernice King	30/3	14:52	
20	Ted Tiernon	33/4	52	12:05	52	Sean Farnan	15/5	14:54	
21	Francis Serrani	17/1	53	12:06	53	Eric Bryant	13/8	14:57	
22	Jamie Wilkins	13/2	54	12:13	54	Denny Westrick	40/6	14:58	
23	Larry Bear	17/2	55	12:18	55	Carol Garcia	31/4	14:58	
24	Mark Lapp	16/3	56	12:21	56	Bob Hall	35/4	15:02	
25	James Mayfield	40/2	57	12:23	57	Adam Luttmann	8/2	15:06	
26	Kathy Widau	34/1	58	12:43	58	William Liddy	37/5	15:08	
27	Jason Hoff	13/3	59	12:45	59	Jerry Mort	26/8	15:10	
28	Phyllis Suetzer	34/2	60	12:49	60	Shane Reece	14/9	15:13	
29	Jan Miller	46/3	61	12:58	61	Steven Judd	12/10	15:18	
30	Donald Curtin	24/3	62	13:03	62	Diana Shenefield	23/2	15:21	
31	Bob Gensheimer	51/3	63	13:18	63	Gary Shenefield	25/9	15:22	
32	Marsha Schmidt	41/1	64	13:27	64	Margarita Throop	35/5	15:23	
			65	13:31	65	Walt Harris	64/2	15:29	

BIG BROTHERS / BIG SISTERS Continued

Place	Name	Age/Div.		Place	Name	Age/Div.		Time	
		Place	Age/Div.			Place	Age/Div.		
66	Chuck Bolyard		50/4	136	Did Not Process				
67	Denny Teague		38/6	137	Gina Settimi	54/4		26:35	
68	Missy Ouake		14/3	138	Rhonda Rudolph	8/7		26:41	
69	Patrick Donahue		13/11	139	Sharon Pauley	47/5		26:41	
70	Carolyn Stachera		46/ 2	140	Did Not Process				
71	Chad Yerks		14/12	141	Did Not Process				
72	Jill Burnett		25/3	142	Laura Mort	24/14		26:56	
73	Fred Sheets		53/5	143	Did Not Process				
74	Kelli Werling		9/2	144	Phylis Bruner	48/6		27:00	
75	Jill Pearson		10/3	5 MILE RESULTS					
76	George Knudten		51/6	1	Brian Shepard	21/1		25:13	
77	Annetta Stork		39/6	2	Keith Horton	23/2		25:31	
78	Alan Hernly		35/7	3	Rich Hamlin	24/3		27:10	
79	Sheri Rhoads		26/4	4	Dan Kaufman	36/1		27:13	
80	Margaret Rodenbeck		29/5	5	Carl Risch	30/1		27:33	
81	Michael Donahue		42/7	6	David Hockley	34/2		27:49	
82	Ed Daniels		39/8	7	Gary Dexheimer	38/2		27:54	
83	Claudia Garcia		27/6	8	Rowland Perez	27/1		27:58	
84	C.L. Fleetwood		68/3	9	Jeff Salon	32/3		28:02	
85	Jeff Aupperle		8/3	10	Mike Fast	18/1		28:09	
86	Marshall Suetterlin		11/13	11	Chuck Putterbaugh	30/4		28:17	
87	Tim Hartke		10/4	12	Terry Coonan	36/3		28:19	
88	Stephanie Oden		19/1	13	Roger Wilson	33/5		28:22	
89	Jerry Suelzer		7/5	14	Stephen Perez	30/6		28:24	
90	Ron Johnson		49/4	15	Neil Tate	36/4		28:25	
91	Ed Robbins		52/7	16	Phil Suelzer	35/5		28:27	
92	Teresa Knoblauch		36/7	17	Terry Diller	29/2		28:30	
93	Jamarcus Smith		12/14	18	Paul Knott	24/4		28:33	
94	Tess Weber		26/7	19	Tom Renz	32/7		28:39	
95	Carolyn Kennedy		32/8	20	Tom Dendinger	40/1		29:00	
96	Jenny Davis		11/4	21	Robert Schendel	31/8		29:10	
97	Nancy Young		29/8	22	John Buhler	40/2		29:14	
98	Lisa McFadden		30/9	23	Steve Caswell	34/9		29:27	
99	Mark Raff		9/6	24	Paul Shaffer	29/3		29:28	
100	Did Not Process			25	John Treleaven	35/6		29:41	
101	Did Not Process			26	Tom Loucks	28/4		29:42	
102	Lori Sprunger		24/9	27	Kenneth King	29/5		29:43	
103	Justin Washmuth		14/15	28	Gary Rickner	38/7		29:55	
104	Nathan Hartke		11/16	29	Bill Schmidt	52/1		30:08	
105	Arietta Martin		50/1	30	Robert Lopez	28/6		30:16	
106	Delana Schue		25/10	31	Norm Hiler	41/3		30:19	
107	Russell Morris		6/7	32	Nick Hodgman	29/7		30:24	
108	Joy Haskell		26/11	33	Gordon Pleus	40/4		30:31	
109	Michelle Meadows		11/5	34	Mark Brattoli	31/10		30:43	
110	Laura Park		24/12	35	Judy Tillapaugh	28/1		30:46	
111	Lane Bryan		40/3	36	Bruce Barton	37/8		30:57	
112	Dan Hornly		8/8	37	Bernie Motycka	45/1		30:59	
113	Doris Snyder		54/2	38	Mike Kast	58/2		31:07	
114	Nancy Pyle		44/4	39	Paul Miller	33/11		31:08	
115	Rachel Selking		17/2	40	Ray Sibrel	50/3		31:17	
116	Sue Hendricks		33/10	41	Dave Howe	39/9		31:23	
117	Linda Heyman		34/11	42	Andrew Berghoff	17/2		31:30	
118	Rodney Klopfenstein		28/10	43	Mary Thersa Connolly	31/1		31:32	
119	Chris Eley		8/9	44	Dennis Conner	35/10		31:37	
120	Sara Eley		12/6	45	Dave Winters	37/11		31:52	
121	Diane Getty		52/3	46	Marvin Vastbinder	29/8		31:54	
122	Max Beckler		13/17	47	Keith Caudill	30/12		31:57	
123	Art Miller		48/5	48	Clem Getty	52/4		31:58	
124	Josh Higi		9/10	49	Tom Felger	47/2		31:59	
125	Linda Higi		36/12	50	Don Lindley	43/5		32:06	
126	Marie Fisher		6/4	51	Myrion Meyer	60/1		32:07	
127	Tom Fisher		38/9	52	Bernie Burgette	44/6		32:08	
128	Nick Pelz		13/18	53	Beth Rehrer	30/2		32:23	
129	Jenny Teague		12/7	54	Eric See	17/3		32:29	
130	Henry Graf		12/19	55	Jeff Colbert	19/4		32:35	
131	Nonda Doctor		34/13	56	Jim McGowin	44/7		32:41	
132	Nancy Teague		27/13	57	Joe Stafford	37/12		32:42	
133	Julie Townsend		4/5	58	Dave Reimschisel	27/9		32:45	
134	Allison Townsend		6/6	59	Dan Moore	35/13		32:50	
135	Did not Process			60	Sean Collentine	37/14		32:51	
				61	Jim Berry	25/10		32:55	

BIG BROTHERS / BIG SISTERS Continued

Place	Name	Age/Div.		Place	Name	Age/Div.		Time
		Place	Time			Place	Time	
62	Dave McDonald	34/13	32:58	132	Richard Beemer	37/29	37:17	
63	Joe Patterson	33/14	32:59	133	Steve Smith	29/18	37:19	
64	Andre Cuffy	26/11	33:01	134	Linden Eley	38/30	37:21	
65	David Zaugg	26/12	33:05	135	Bruce Hamilton	35/31	37:24	
66	Paul Misner	29/13	33:13	136	William Krider	46/5	37:25	
67	Greg Fahl	34/15	33:19	137	Jerry Noble	37/32	37:30	
68	Steve Adkison	43/8	33:21	138	Joe Pyle	45/6	37:34	
69	Rick Trabel	32/16	33:23	139	Kevin Kennedy	31/36	37:36	
70	Tom Rehner	36/15	33:27	140	Terri Johnson	30/4	37:36	
71	Brynn Weller	42/1	33:30	141	Alan Gilbert	47/7	37:39	
72	Jan Voorhees	32/17	33:31	142	Shabbar Karim	26/19	37:40	
73	Paul Walker	34/18	33:37	143	Phil Church	26/20	37:41	
74	Gene Gran	56/5	33:46	144	Don Shaidnagle	41/17	37:44	
75	Dave Wolff	44/9	33:55	145	Alex Kleteker	29/21	37:45	
76	Jim Ellert	30/19	33:59	146	Larry Grodair	41/18	37:47	
77	Chris Kiermaier	29/2	34:02	147	Bill Bare	39/33	37:49	
78	Joseph Hardesty	25/14	34:13	148	Gary Oden	40/19	37:51	
79	Dan Hannie	37/16	34:14	149	Ed Beckner	42/20	37:52	
80	Paul Bauman	31/20	34:16	150	Chad Heilman	13/3	37:52	
81	Kurt Mattox	28/15	34:17	151	Ron Heilman	44/21	37:53	
82	Ken Jarzynski	36/17	34:19	152	Michael Lykins	43/22	37:53	
83	Larry Ellis	32/21	34:26	153	Alan Bradley	35/34	37:55	
84	Michael Pusker	43/10	34:34	154	Jim Lubbehusen	45/8	37:57	
85	Murtaza Karim	33/22	34:36	155	Robert Yuroska	42/23	37:59	
86	Richard Zink	45/3	34:37	156	Bob Klitzman	39/35	38:03	
87	Max Halberstadt	36/18	34:43	157	Phyllis Hayes	21/5	38:12	
88	Jeff Raff	40/11	34:46	158	Jonathon Meeks	12/4	38:17	
89	Tom Roehling	36/19	34:48	159	Fran VanWagner	52/1	38:18	
90	Moe Hornak	25/3	34:50	160	Tim Hattery	26/22	38:21	
91	Don Ford	37/20	34:51	161	Cynthia Sabrack	30/5	38:25	
92	Dick Harnly	49/4	35:07	162	Gary Aupperle	33/37	38:29	
93	Don Anderson	60/2	35:09	163	John Tyson	34/38	38:52	
94	Norman Whistler	53/6	35:12	164	Tim Bruner	17/5	38:54	
95	Micheal Throop	34/23	35:14	165	James Stump	46/9	38:58	
96	Craig Bobay	30/24	35:17	166	Atra Jemison	16/1	39:01	
97	Perry Young	39/21	35:24	167	Melvin Hartman	46/10	39:05	
98	Tom Mather	40/12	35:26	168	Rick Peterson	36/36	39:12	
99	Robby Klitzman	11/1	35:27	169	Michael Lindley	12/5	39:23	
100	Dave McMahan	35/25	35:28	170	Rudy Kleinknight	43/24	39:25	
101	Len Piropato	33/26	35:29	171	Lawrence Lee	42/25	39:30	
102	Bob Fahl	39/22	35:40	172	Linda Benschneider	42/2	39:34	
103	Philip Lottman	39/23	35:41	173	Larry Wagner	35/37	39:36	
104	Karen Vachon	22/4	35:43	174	Matt Fiestroffer	14/6	39:37	
105	Terry Gautsch	54/7	35:44	175	Don Merkle	42/26	39:40	
106	Kevin Lochner	31/27	35:46	176	B.Gary Peterson	34/39	39:43	
107	Dick Waterfield	42/13	35:48	177	Timothy Porter	30/40	39:45	
108	Richard Phillips Jr.	30/28	35:49	178	Dwayne Garrett	43/27	39:51	
109	John Schumacher	28/16	35:52	179	Shelly Gepfert	14/2	39:56	
110	Ken Walter	20/5	35:53	180	Kim Krueckeberg	36/38	39:59	
111	Steve Sheburne	36/24	35:53	181	Curtis Nold	56/9	40:00	
112	Troy Cozad	30/29	35:54	182	Walt Hessler	33/41	40:06	
113	Bill Benschneider	42/14	35:57	183	Chuck Mills	40/28	40:10	
114	Tyler Oden	13/2	35:58	184	Phil Burns	64/3	40:11	
115	Steve Felger	34/30	36:00	185	Mark Mettert	37/39	40:12	
116	Eddie Lee	34/31	36:14	186	Jeffrey Peterson	29/23	40:15	
117	Doug Ulmer	32/32	36:20	187	Kim Larson	26/6	40:19	
118	Eric Meeks	20/6	36:22	188	Erick Soderquist	36/40	40:24	
119	Ron Musilli	39/25	36:33	189	Mike Hendricks	37/41	40:44	
120	Teri Dawson	37/3	36:36	190	John Kuker	43/29	41:00	
121	Rex Gepfert	38/26	36:39	191	Eldon Brunner	45/11	41:01	
122	Howard Bash	54/8	36:45	192	Steve Fullenkamp	25/24	41:06	
123	Jeff McCann	44/15	36:47	193	David Ripple	34/42	41:07	
124	Kim Lubbehusen	14/1	36:48	194	Melissa Klosterman	16/2	41:08	
125	Steve Beghtel	36/27	36:49	195	Brenda Whetsstone	15/3	41:08	
126	Mel Kennedy	28/17	36:50	196	Eldon Biddle	53/10	41:09	
127	Randy Auker	34/33	36:58	197	Carl Fields	42/30	41:10	
128	David Montgomery	37:28	37:05	198	Cherie Belschner	38/6	41:32	
129	Dan Belschner	40/16	37:08	199	Jerry Suetterlin	43/31	41:42	
130	Steven Skiles	34/34	37:08	200	Ellis McCann	62/2	41:49	
131	Thom Johnson	32/35	37:15	201	Sue Sipes	31/7	41:55	
				202	Tim McAlhany	31/43	41:58	

BIG BROTHERS / BIG SISTERS Continued

Place	Name	Age	Place	Time
203	Laura Bradley-Papier	28/7	232	42:00
204	J. P. Jones	59/11	233	42:03
205	Paul Snyder	59/12	234	42:05
206	Bob Harris	33/44	235	42:07
207	Bill Walker	35/42	236	42:16
208	Gregory Weaver	32/45	237	42:20
209	Pete Hiker	32/46	238	42:21
210	Rick Vinzani	36/43	239	42:23
211	Gloria Nycum	52/3	240	42:28
212	Madelyn Tyson	42:30	241	42:30
213	Michael Hayes	51/13	242	42:32
214	Mike Farrell	42/32	243	42:41
215	Dean Sharp	43/06	244	43:06
216	Kathy Pious	37/9	245	43:07
217	Gary Amick	29/25	246	43:11
218	Danny Nusbaum	41/34	247	43:34
219	Sarah Klein knight	44/3	248	43:35
220	Linda Heymann	44/35	249	43:31
221	Jim Heymann	34/10	250	43:42
222	Billy Carpenter	45/12	251	43:56
223	Robert Muncie	43/36	252	44:17
224	King Sullivan	56/14	253	44:17
225	Ken Nelson	24/7	254	44:18
226	Dan Daniel	58/15	255	44:18
227	Dolinda Sharp	37/11	256	44:24
228	Bill Aichele	42/37	1	44:27
229	Cheille Brown	15/4	2	44:28
230	Chris Shool	34/47		44:56

1987 PARK RUN RESULTS

FEMALE

TWO MILE RUN

FIVE MILE RACE

WHEELCHAIR DIVISION

Place	Name	Time	Place	Time
231	Jay Oberholzer	36/44	45:10	
232	Windi-Sue Guntisch	9/1	45:28	
233	Phillip Ransom	29/26	45:34	
234	Don Rhoades	53/16	45:35	
235	Phil Cleandean	26/27	46:05	
236	Bob Anderson	52/17	46:27	
237	Adam Mendez	9/1	46:42	
238	Becky Heath	36/12	47:00	
239	Did Not Process		47:19	
240	Julia Wilson	47/4	47:57	
241	Jo Anne Yunosko	40/5	47:57	
242	Jessie McCann	54/18	48:14	
243	Bonnie Keller	35/13	48:40	
244	Jane Milled	34/14	48:42	
245	Alice Gaffis	39/15	49:16	
246	Kathy Chanson	36/16	50:40	
247	Marie Kabrich	19/5	50:41	
248	Russ Neuman	31/48	50:44	
249	Did Not Process		51:49	
250	Linda Daniels	40/6	51:49	
251	Joan Burns	55/4	53:13	
252	Julie Hill	27/8	59:50	
253	Shirley Hill	37/17	59:50	
254	Did Not Process			
255	Did Not Process			
256	Did Not Process			

PARK RUN RECORDS — FEMALE

Overall	Name	Time	Overall	Name	Time
60 & Ov.	Myron Meyer,	11:52	60 & Ov.	Arletta Martin,	19:38.9
50-59	Jack Morris,	11:02.9	40-49	Marscha Schmidt,	13:31.4
45-49	Larry Targant,	11:00.9	30-39	Phyllis Suelzer,	12:58.2
40-44	Art Obregon,	11:13	20-29	Pam Lochner,	14:41.2
35-39	Jed Pearson,	10:51.8	15-19	Stephanie Oden,	18:10.7
30-34	Vince Garcia,	9:40.2	11-14	Paige Valenta,	13:41
25-29	Mark Sanderson,	9:53	10 & Un.	Windi-Sue Guntisch,	14:09
20-24	Dennis Erman,	10:41.2	10 & Un.	Jason Ciagg,	14:14.6
15-19	Francis Serrani,	12:06.5	10 & Un.	Tom Loucks,	9:33.2
11-14	Jon Wilkins,	12:04.1	Overall	Mark Zolman,	27:05
10 & Un.	Jason Ciagg,	14:14.6			
Overall	Tom Loucks,	9:33.2			

WHEELCHAIR

Overall	Name	Time
25:13.2	Brian Shepherd,	9:33.2
46:42.7	Adam Mendez,	14:14.6
35:27.7	Robby Klitzman,	12:04.1
28:09.4	Mike Fast,	12:06.5
25:31.8	Keith Horton,	10:41.2
27:58	Rowland Perez,	9:53
27:33.6	Carl Risch,	9:40.2
27:13.2	Dan Kaufman,	10:51.8
29:00.2	Tom Dendinger,	11:13
30:59	Bernie Motyoka,	11:00.9
30:08.2	Bill Schmidt,	11:02.9
32:07.4	Myron Meyer,	11:52

MALE

Overall	Name	Time
25:13.2	Brian Shepherd,	9:33.2
46:42.7	Adam Mendez,	14:14.6
35:27.7	Robby Klitzman,	12:04.1
28:09.4	Mike Fast,	12:06.5
25:31.8	Keith Horton,	10:41.2
27:58	Rowland Perez,	9:53
27:33.6	Carl Risch,	9:40.2
27:13.2	Dan Kaufman,	10:51.8
29:00.2	Tom Dendinger,	11:13
30:59	Bernie Motyoka,	11:00.9
30:08.2	Bill Schmidt,	11:02.9
32:07.4	Myron Meyer,	11:52

29:33	Mary Theresa Connolly (1984),	12:41	30-39	Phyllis Suelzer (1987),	12:58
36:45	Alma Marie Ojeda (1979),	14:09	20-29	Diane Stockdale (1984),	12:41
32:34	Alma Marie Ojeda (1982),	12:46	15-19	Eve Jinks (1982),	14:09
32:14	JoAnn Lanciaux (1981),	14:09	10 & Un.	Windi-Sue Guntisch (1987),	14:09
29:33	Mary Theresa Connolly (1984),	12:41	Overall	Diane Stockdale (1984),	12:41

When Walt Green and I directed an European cross-country race in Franke Park about nine years ago it was a savaged course. Then I ran the IPFW cross-country course in September of this year, it was a challenge and alot of fun but a sanitized version of the wild wild wilderness run. So let the Chief Kennekuk and his tribe, the Kennekuk Road Runners Club host your next cross-country race in Danville, Illinois, Kickapoo State Park. The 8th annual September 27th race, it was a dandy!

The 12KM (7.6 miles) of climbing hills, crossing creeks, crossing bridges, jumping logs was simply the best European X-Country course around. The race started with a big bang by the Illinois Civil War Historical Society. It began on asphalt for about 1/4 of mile, then quickly headed into the woods. later I met Chief Kennekuk on horseback while heading down a campground road with alot of poison ivy on both sides. Then the next mile was a mowed open field with alot of ragweed for those pollen and hay fever lovers. After running over chip wood and crossing a bridge and running through a path of winding trails, I had to climb my first steep hill since the Old Dominion in June. In fact I didn't see anybody running up it. As usual, what goes up must come down, because later on I had to slide down the steep hill with the guide of several ropes, in which you had to be careful from keeping from getting rope burns. The creeks were dry with the exception of one in which and they provided a narrow wooden ramp for one runner at a time on a first come basis. Everywhere on the course volunteers painted almost every sharp rock, tree stump, and root that may endanger your life.

This course featured everything you don't want, but everything you would like to say you have done. If you wanted scenery, you've got it. If you wanted a challenge, you have no choice. This year there was 419 finishers that received medals, also every pre-registered runner received a long sleeve shirt. New this year was the Stroh's beer garden with food, drink, and music. The winning time of 42:48 was posted by Carl Cox age 32. The first female runner was Marybeth Dyson age 30, 39th overall in a time of 48:15. Other Fort Wayne area runners were Rick Beemer (37), 222nd, 60:51; Pat Heffernaun (25), 105th, 54:46; Tom Renz (32), 26th, 9th in age division, 46:47. I finished in 53:01, 84th overall and 13th in 40-44 age division.

The Kennekuk Road Runners offers another challenge called the Siberian Express on January 3, 1988. This will be on the very same course. The run will take place regardless of mother nature. Your entry fee will go toward the 1989 race if weather conditions are so bad that you can't show up. There will be no cancellation. I have some entries if anyone is interested. You should enter early and take a chance, if you wait, the smart part of the brain may tell you no.

BIG BROTHERS / BIG SISTERS Continued

40-49	Marsha Schmidt (1987),	13:31	Ann Jamison (1984),	30:54
50&Ov.	Dorothy Jones (1986),	17:21	Fran VanWagner (1987),	38:18

PARK RUN RECORDS — MALE

Overall	Tom Loucks (1987),	9:33	Tom Loucks (1986),	24:45
10 & Un.	Ryan Werling (1984),	13:40	Trent Prough (1981),	37:09
11-14	Jeff Studebaker (1981),	11:27	Stan Florea (1984),	29:30
15-19	Brent Miller (1982),	10:11	Brian Shepherd (1985),	27:37
20-24	Mark Sanderson (1984),	9:39	Tom Loucks (1982),	24:48
25-29	Tom Loucks (1987),	9:33	Tom Loucks (1985),	24:45
30-34	Vince Garcia (1984 & 1987),	9:40	Neal Kingsberry (1981),	26:04
35-39	Jed Pearson (1987),	10:51	Dan Kaufman (1987),	27:13
40-44	Art Obregon (1987),	11:13	Dennis Scott (1983),	26:50
45-49	Larry Targgart (1987),	11:00	Joe Barile (1982),	28:15
50-59	Jack Morris (1987),	11:02	Mike Kast (1982),	29:19
60 & Ov.	Myron Meyer (1987),	11:52	Myron Meyer (1987),	32:07

PARK RUN RECORDS — WHEELCHAIR

Mark Zolman (1987),	27:05	Anne Sheets (1986),	37:32
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How about the attendance at our sixth annual Kent Davis Run this year at Georgetown Square. We set a record of 259 runners for the 5K, an increase of 66% over last year and 30 runners for the 1 mile run, an increase of 20%. This increase in attendance enabled us to raise \$901 for Crossroad our largest contribution to date. A total of \$3400 has been raised for charitable purposes since the inception of the Kent Davis Run.

I know that Crossroad is appreciative and thankful for these funds which will help them provide treatment and a daily structured living environment for teenage residents.

Jim Wilkinson, Recreation Director of Crossroad and the Crossroad volunteers did a commendable job of providing excellent traffic control. Thanks again Jim.

I believe we measure success in numbers. It certainly applied to the 1987 Kent Davis event by virtue of your participation. You are the most important part of the Kent Davis Run. Please congratulate yourself for being there when it counted.

A special thanks to Runner's Week, producer Ann Jamison and Jay Jamison for filming the run. Runner's Week may be viewed on channel 10 at 8:00 P.M. Thursday and 2:30 P.M. Saturday.

Stop at Colonial Pizza and thank Stan Pfeiffer, Mgr. for providing pepsi, team and water at the finish area. Also the Waterworks provided distilled water which I believe was a nice addition to our event. Roger and Marilyn Eley provided water and the use of a hose for the aid station at the 2 mile mark again.

The success of this event is determined by the following individuals, volunteers and establishments:

Bill Sohaski	Media and Publicity	- Fort Wayne Track Club
Mary Sohaski	Reg & Award Results	- David Rogers Rogers Markets Inc.
Marsha Schmidt	"	- Robbie Irons RKO Bottlers
Julia Wilson	"	- Jim Wilkinson Traffic Control
Tom Mathers	Timing	- Crossroad Volunteers Traffic Cntl
Dave Wilson	Placement Cards	- Steve Jehl Georgetown Merchants
Michelle Chenoweth	Aid Station	- Ann Jamison Runner's Week
Tracey Sohaski	"	-

Bill

Bill Schmidt
Race Director

KENT DAVIS 1 MILE FUN RUN

			MEN		
			Position	Time	Name
Women			4	5:23	M. Kuhn
<u>Position</u>	<u>TIME</u>	<u>NAME</u>	5	5:40	E. Shinn
1	6:27	J. Destefano	6	6:14	K. Kleeberg
2	7:00	D. Kiracofe	7	6:23	R. Gardner
3	7:01	K. Shearer	8	7:02	V. Chovan
4	7:18	J. Nelson	9	7:16	W. Adams
5	7:37	S. Smith	10	7:44	N. Dill
6	7:39	J. Krouse	11	7:45	M. Ford
7	8:29	A. Krouse	12	8:07	P. Hilger
8	8:42	S. Dill	13	8:19.0	L. Dill
9	8:47	A. Yurosko	14	8:19.6	T. Ford
10	10:48	E. Horan	15	8:30	T. Carnes
11	11:57	E. Dill	16	8:33	B. Ford
12	12:00	S. Krouse	17	9:25	T. Clauser
MEN			18	11:14	R. Horan III
<u>Position</u>	<u>Time</u>	<u>Name</u>	19	11:57	R. Horan
1	* 4:48	J. Williams Jr.			
2	4:59	C. Kingor			
3	5:08	B. Munro			

KENT DAVIS 5K RUN

8-15-1987

Women 19 & Under

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	19:57	J. Hoevel
2	21:23	H. Owens
3	21:30	A. Staak
4	21:32	K. Luchauer
5	21:55	A. McElroy
6	21:56	C. Wellman
7	22:23	B. Walters
8	22:52	R. Borchelt
9	23:05	A. Anspach
10	23:12	T. Lagemann
11	23:47	K. Harris
12	24:00	A. Wissman
13	24:11	S. Gepfert
14	24:52	T. Hosfield
15	25:00	K. Graham
16	25:34	T. Albersmeyer
17	25:39	K. Rohrbach
18	25:46	M. Heidenreich
19	26:32	M. Warmer
20	26:46	D. Kiracofe
21	27:26	R. Helfrich
22	28:32	L. Barty
23	30:41	D. Fiedler

Women 20 - 29

1	* 17:37	S. Hoover
2	18:30	J. Young
3	18:57	C. Kolkman-Cooper
4	19:58	P. Grandstaff
5	21:12	M. Hornak
6	23:40	D. Babcock
7	24:05	B. DeWells
8	30:25	S. Siemer

Women 30 - 39

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	21:07	L. Handlin
2	22:02	J. Destefano
3	22:08	S. Peterson
4	24:44	B. King
5	26:21	J. Kainey
6	27:44	B. Hutsell
7	29:01	B. Coyle-Keller
8	29:37	M. Hoepfner
9	31:34	L. Heymann

Women 40 & Over

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	* 20:53	B. Weller
2	29:52	J. Yurosko
3	30:00	P. Klingenberg
4	30:25	J. King
5	32:52	D. Snyder
6	33:56	S. Pauley

* COURSE RECORD

Men 14 & Under

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	19:30	J. Wilkins
2	19:42	R. Squires
3	20:18	A. Clauser
4	20:25	J. Wilkins
5	21:08	J. Scheele
6	21:14	M. Konow
7	21:22	B. Peterson
8	21:24	M. Rhodes
9	21:33	R. Moore
10	21:50	S. Marrero
11	22:50	M. Bruner

Position Time

12	23:21
13	24:07
14	25:01
15	25:18
16	27:01
17	28:54

Name

M. Milholland
D. Sevanson
R. Kidder
M. Lindley
G. Nuttle
M. Benge

Men 15 - 19

<u>Position</u>	<u>Time</u>
1	15:45
2	16:24
3	16:28
4	16:38
5	16:42
6	16:48
7	17:01
8	17:09
9	17:19
10	17:38
11	17:54
12	17:58.4
13	17:58.8
14	18:00
15	18:03
16	18:04
17	18:06
18	18:10
19	18:18
20	18:19.3
21	18:19.8
22	18:20
23	18:23
24	18:26.3
25	18:26.9
26	18:28
27	18:32
28	18:37.3
29	18:37.6

Name

S. Florea
V. Dietsch
E. Schwartz
S. Kessel
B. Douglas
T. Beehler
S. Hosfield
R. Cole
T. Friedersdorf
E. Connerly
J. Abraham
S. Reece
D. Paining
A. Randenbush
R. Baller
T. Kurtz
T. Wehnert
M. Wertman
B. Cox
T. Reed
S. Chrisman
C. Shearer
G. Stratton
T. Swinehart
H. Heck
A. Betts
M. Miller
S. Hoover
T. Hullinger
R. Schweyer
J. Marrero
J. Thurston
D. Moore
S. Mock
C. Inman
K. Hoffman
S. East
J. Elwood
D. Rooversson
K. Pelton
E. Adair
D. Keyler
J. Mundt
T. Falkenstein
J. Davis
B. Habegger
M. Stephan
T. Gifford
B. Benz
J. Colbert
M. Knuckles
D. Hoff
T. Wenthe
P. Ferguson
K. Schellenbach
J. Tyler
R. Trevino
R. Sturgis
G. Hahn
C. Worrell
P. Price
M. Robbins

Men 20 - 24

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	15:12	B. Shepherd
2	16:11	J. Beam
3	16:46	R. Hanlin
4	17:34	T. Potts
5	18:47	D. Carper
6	18:56	M. Kuhn
7	20:20	J. Klingenberger
8	20:37	D. Neely
9	20:50	D. Cotter
10	21:12	G. Thompson
11	21:41	P. DeLong
12	22:58	N. Kisler

<u>Position</u>	<u>Time</u>	<u>Name</u>
10	21:15	R. Horan
11	21:57	R. William
12	22:01	J. Ruppert
13	22:14	R. Beemer
14	22:33	B. Hamilton
15	22:37	R. Gepfert
16	23:53	M. Mettert
17	24:33	D. Hockemeyer
18	25:05	J. Trenkner
19	25:07	M. Hendricks
20	28:19	S. Hutsell
21	30:19	D. Doctor

Men 25 - 29

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	15:32	B. Cooper
2	17:44	D. Cahill
3	18:18	P. Leber
4	18:22	K. King
5	18:24	D. Geiger
6	18:46	J. Berry
7	19:08	J. Pea
8	20:24	A. Cuffy
9	20:55	S. Karim
10	21:45	N. Augviano
11	22:18	M. Siemer
12	23:46	K. Gurney
13	24:29.1	J. Carver
14	24:29.7	S. Fullenkemp
15	25:40	J. Ferrick
16	25:42	J. Grandstaff
17	28:50	T. Anserello
18	29:26	L. Cavano
19	30:24	S. Sanders

Men 30 - 34

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	15:44	V. Garcia
2	16:23	D. Moord
3	16:57	C. Putterburg
4	16:59	D. Hockley
5	17:14	H. Pearson
6	17:18.3	D. Green
7	17:18.8	D. Dorais
8	17:47	T. Renz
9	18:21	C. Hansen
10	18:29	D. Lallow
11	18:33	M. Brattoli
12	19:14	R. Dill II
13	19:22	T. Anderson
14	19:59	J. Patterson
15	20:41	M. Karim
16	20:51	K. Paris
17	21:00	E. Shinn
18	21:08	W. Clauser
19	21:09	R. Hawks
20	23:50	J. Lantz

Men 35 - 39

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	16:46	D. Kaufman
2	17:11	T. Coonan
3	17:12	G. Dexheimer
4	17:46	N. Tate
5	19:25	D. Howe
6	19:45	T. Fleming
7	19:47	J. Miller
8	20:19	T. Roehling
9	21:01	J. Hilger

Men 40 - 44

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	19:36	D. Lindley
2	20:35	S. Adkison
3	21:14	J. Scheele
4	21:43	K. Habayeb
5	21:57	J. McCann
6	22:16	K. Hendricks
7	22:39	R. Parrish
8	23:04	B. Yurosko
9	23:08	S. Krouse
10	23:18	S. Butler
11	23:39	M. Hey
12	24:05	D. Garrett
13	24:32	C. Fields
14	24:39	C. Worrell
15	25:35	D. Swanson
16	26:59	B. Aichele
17	32:47	J. Heymann
18	32:51	B. Baumgartner

Men 45 - 49

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	17:43	J. Perkins
2	17:55	J. Morris
3	19:02	L. Averbek
4	19:52	T. Felger
5	20:37	B. Gardner
6	21:03	K. Clark
7	21:34	D. Voirol
8	23:32	J. Lubbehusen
9	24:27	T. Staak
10	24:32	L. Yant
11	27:25	D. Burdek

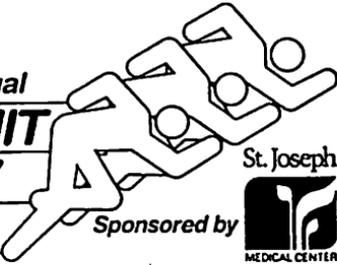
Men 50 - 59

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	18:45	J. Ziegler
2	18:49	M. Kast
3	19:12	C. Miller
4	19:18	R. Sibrel
5	21:28	N. Whisler
6	22:36	T. King
7	24:14	E. Striggle
8	24:45	R. Campbell
9	25:05	P. Snyder
10	25:14	C. Welch
11	25:16	D. Daniel
12	25:50	J. Jedinak
13	26:26	D. Rhodes
14	28:51	R. Hockensmith
15	28:53	R. Phillips

Men 60 & Over

<u>Position</u>	<u>Time</u>	<u>Name</u>
1	23:09	D. Kemp
2	23:15	V. Chovan
3	23:43	W. Adams
4	25:21	J. Shull
5	30:37	W. Williams

10th Annual
SUMMIT CITY 10K



Sponsored by  St. Joseph MEDICAL CENTER





2 P.M. SUNDAY
 OCTOBER 25, 1987

\$5,000 CASH AND PRIZES

THE ATHLETIC CONGRESS AND ROAD RUNNER'S CLUB OF AMERICA SANCTIONED

A 10-year tradition in Fort Wayne lives on. Thanks to new sponsors, the Summit City 10K, formerly the Home Loan 10K, will see another year as one of the midwest's fastest road races. To help runners prepare, clinics will be held Aug. 19 and Sept. 16. A pre-race dinner will be held Oct. 24.

The entry fee is \$8 if you register before Oct. 18, or \$10 up until the start of the race. For more information and entry forms contact race director Mike Ducy, (219) 484-4322.

ENTRY BLANK Please print and fill out complete entry, including waiver at bottom. Incomplete or unsigned entries will not be accepted.

Name _____

Age _____ Sex _____ Birthday _____ Phone _____

Address _____

City _____ State _____ Zip _____

Age division (check one): 0-14 15-19 20-24 25-29 30-34

35-39 40-44 45-49 50-54 55-59 60+

Race walking (check one): 25 & under 26-39 40+

Walking (non-competitive) Est. time: _____

Estimated weight if cruiserweight entry _____

T-shirt size: small medium large extra large

I am enclosing: Pre race dinner \$5 Race fee \$8

Make checks payable to Summit City 10K and send with this completed entry to:
SPORTS TECH, 4201 Coldwater Road, Fort Wayne, Indiana 46805

In consideration of the acceptance of my entry, I for myself, my executors, administrators, and assignees, do hereby release and discharge St. Joseph Medical Center, Sports Tech, Fort Wayne Track Club, WAJI and any other sponsors for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participating in said athletic event. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event.

Signature _____ Date _____

Parents signature if under 18 _____

** SUMMIT CITY 10K PRE RACE DINNER **
AND FWTC 1988 BOARD MEMBER ELECTIONS

(BE THERE, OR YOU MAY BE ASSIGNED A POSITION)

COST: \$5.00

Proceeds benefit IPFW Sports Department.
ALL THE PIZZA HUT PIZZA AND SALAD YOU CAN EAT.
DRINKS PROVIDED!

DATE: OCTOBER 24, 1987

TIME: 5:30 TO 8:00 PM (DINNER WILL BE SERVED)

PLACE: IPFW WALB MEMORIAL BALL ROOM

PLEASE RSVP. (YOU MAY ALSO PAY AT THE DOOR.)

ANY QUESTIONS, CONTACT MIKE DUCY 484-4322

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

NUMBER ATTENDING THE DINNER: _____ X \$5.00

TOTAL: _____

PLEASE MAIL TO: SUMMIT CITY 10K RACE DINNER

C/O SPORTS TECH
GLENBROOK SQUARE
4201 COLDWATER RD.
FORT WAYNE, IN 46805

MAKE CHECKS PAYABLE TO SUMMIT CITY 10K

Foot race at St. Pat's draws 236 on Saturday

The Bryan-Pepsi run held on Saturday as part of the St. Pat's festival had a good turnout of entrants.

There were 118 contestants in five kilometer run, 91 who went twice as far with 27 in the mile.

The runners ignored the foggy conditions that prevailed with the 55 degrees helping the runners to keep from overheating.

In the 5k race Bret Neylon of Greenfield was the men's overall winner in 15:35.0. Jenny Althoff of Sylvania was the winner for the distaff side in 19:42.3.

In the 10k race Randy Lyons of Hudson, Mich. won in 31:38.5 with Julie Stuckey of Defiance the fastest woman in 41:05.5.

In the mile run Kim Lubbehusen from parts unknown was the women's winner in 5:56.9 while Fairveiw's Rob Harrington was the fastest male in 5:18.9

The results of the other Classes:

MEN'S FIVE K

13 and under

Jimmy Hoff, Ft. Wayne	20:11.7
Eric Flood, Butler	20:18.9
Brian Welch, Haviland	20:35.5
Dave Tworey, West Unity	20:35.4

14-17

Chris Goodson, Swanton	16:41.8
Doug Roth, Stryker	17:13.6
Lamar Crites, Sherwood	17:26.3

18-24

Martin Avila, Swanton	15:53.0
Jim Self, Trafalgar, IN	16:07.4
Paul Eakle, Indianapolis	16:30.0

25-29

Mark Sanderson, Van Wert	15:43.0
Dick Furnish, Butler	18:42.9
Steve Walker, Archbold	20:59.9

30-34

Carl Hensen, Auburn	17:37.0
Darriel Suffel, Paulding	18:08.4
Rey DeLeon, Bryan	19:02.9

35-39

Donald Bashor, Wauseon	17:15.4
Edward Smith, Bryan	20:31.0
Alan Bradley, New Haven IN	21:45.4

40-49

Angel Campesino, Swanton	16:03.5
Mike Meyers, Ottawa	17:53.1
Jack Fortney, Toledo	19:11.2

50 and over

Fred Dickinson, Bowling Green	20:03.9
Hal Lewis, Bryan	21:28.4

10k MEN

14-17

Tom Romarowsld, Hudson, Mich	37:15.9
Jim Renifer, Paulding	38:04.7
Rob Harrington, Bryan	39:05.5

18-24

Tom O'Riordon, Holland	35:20.2
Gary Kufel, Toledo	36:33.2
Jim Clemens, Paulding	36:37.8

25-29

Perry Hunter, Napoleon	32:06.4
Dave Braun, Findlay	33:16.0
Howard Brummel, Pioneer	35:11.2

30-34

Richard Burcham, Montpelier	35:55.5
Brad Middleton, Auburn	36:02.8
David Jiminez, Defiance	37:20.3

35-39

Mike Robbins, Ft. Wayne	35:39.2
Jency Brown, Lima	37:11.4
James Miller, Spencerville IN	39:09.3

40-49

Tom Brygider, Ottawa	36:19.1
Don Jurasin, Holland	36:57.2
Francis Leik, Lansing, MI.	38:44.1

50 and over

Rudolpho Casillas, Holgate	42:32.7
William Smith, Defiance	44:43.0
Richard Schutt, Toledo	45:25.9

10k WOMEN

Laura Wilson, Hicksville	45:32.6
Judy Hulbert, Hamilton, IN	47:06.0

18-24

Janet Schliesser, Stryker	59:42.5
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25-29

Sandi Burcham, Montpelier	44:50.5
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30-34

Karen Brown, Lima	45:43.1
Connie Parsons, Defiance	46:28.2

35-39

Susan Everitt, Ottawa Lake, MI.	41:38.5
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40-49

Barb Scrogam, Ft. Wayne	47:02.2
Lila Miller, Wauseon	50:42.5

WOMEN'S FIVE K

13 and under

Alicia McElroy, Ft. Wayne	21:01.8
Leah Williams, Ft. Wayne	22:57.4

14-17

Suzanne Stevenson, Swanton	20:19.8
Jennifer Wilson, Hicksville	21:09.7

18-24

Jackie Ghesack, Toledo	22:51.5
Jan Gnagey, Pettisville	27:51.7

25-29

Moe Hornak, Ft. Wayne	20:50.4
-----------------------	---------

30-34

Beatrice Ann Briggs, Archbold	24:42.0
Beverly Hohenberger, Sherwood	29:06.4

35-39

Belinda Sloffor, Huntertown, IN	21:32.3
Joyce Winzeler, Archbold	23:25.3

40-49

Joyce Butler, Ft. Wayne	22:33.9
Betty Hugues, Toledo	25:55.7

50 and over

None would admit being that old.

PLA NAME	CITY,ST	AG S TIME
SK BY PLACE		
001 Bret Neylon	Greenfield, IN	20 M 15:35.0
002 Mark Sanderson	Van Wert, OH	26 M 15:43.0
003 Martin Avila	Swanton, OH	18 M 15:53.0
004 Angel Campesino	Swanton, OH	40 M 16:03.5
005 Jim Self	Trafalgar, IN	21 M 16:07.4
006 Paul Eakle,	Indianapolis, IN	19 M 16:30.0
007 Chris Goodson	Swanton, OH	16 M 16:41.8
008 Kent Mahnesmith	Angola, IN	20 M 16:49.4
009 Doug Roth	Stryker, OH	17 M 17:13.6
010 Donald Bashor	Wauseon, OH	37 M 17:15.4
011 Terry Schnipke	Ft. Jennings, OH	19 M 17:25.4
012 Lamar Crites	Sherwood, OH	17 M 17:26.3
013 Lynn Bauer	Ney, OH	15 M 17:29.6
014 Carl Hansen	Auburn, IN	31 M 17:37.0
015 Joey Beck	West Unity OH	16 M 17:45.3

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Custom Made • Professional Installation



St James*
Replacement Windows



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Replacement Doors



Storm Doors
and Windows



Porches

FREE ESTIMATES **456-1247** 1701 Fairfield Avenue
"At Bushey's We Build Trust"

WINDOWS • DOORS • PORCHES

Foot race at St. Pat's continued

Pla Name CITY, ST. AG S TIME

5K BY PLACE Continued

016 Mike Carpenter	Liberty Ctr. OH	17 M 17:46.8	048 Edward Smith	Bryan OH	25 M 20:31.0
017 Mike Meyers	Ottawa OH	45 M 17:53.1	049 Barry Plassman	Defiance OH	17 M 20:35.0
018 Walt Hallett	Swanton OH	18 M 18:00.5	050 Brian Welch	Haviland OH	13 M 20:35.4
019 Bert Avila	Swanton OH	15 M 18:00.7	051 David Tworek	West Unity OH	13 M 20:35.4
020 Darriel Suffel	Paulding OH	33 M 18:08.4	052 Rudy Gonzales	West Unity OH	34 M 20:43.6
021 G. Plassman	Defiance OH	24 M 18:37.1	053 Moe Hornak	Ft Wayne IN	25 F 20:50.4
022 Jim Carpenter	Swanton OH	15 M 18:41.4	054 Dale Cable	Holland OH	40 M 20:52.4
023 Dick Furnish	Butler IN	27 M 18:42.9	055 Tom Popejoy Jr	Hudson MI	05 M 20:58.5
024 Jason Horstman	Ottoville OH	16 M 18:43.6	056 Steve Walker	Archbold OH	28 M 20:59.9
025 Kevin Horstman	Cloverdale OH	15 M 18:45.5	057 Clifton Gorrell	Harlan IN	41 M 21:01.2
026 Steve Hallett	Swanton OH	16 M 18:55.9	058 Alicia Mc Elroy	Ft Wayne IN	13 F 21:01.8
027 Sean Hug	Edgerton OH	15 M 19:00.1	059 Dan Furko	Swanton OH	14 M 21:09.2
028 Jamie Grube	Stryker OH	17 M 19:02.2	060 Jennifer Wilson	Hicksville OH	15 F 21:09.7
029 Rey Deleon	Bryan OH	30 M 19:02.9	061 Jamie Lyons	Hudson MI	15 M 21:20.7
030 Terry Tworek	West Unity OH	15 M 19:03.2	062 Ken Griffith	Napoleon OH	54 M 21:24.5
031 Dave Sharpe	Liberty Ctr IN	16 M 19:10.6	063 Annette Bergman	Ney OH	16 F 21:25.5
032 Jack Fortney	Toledo OH	48 M 19:11.2	064 Lorie MaLarney	Hudson MI	16 F 21:27.9
033 John Reinhoel	Waterloo IN	14 M 19:11.9	065 Hal Lewis	Bryan OH	54 M 21:28.4
034 Jim Cox	Van Wert OH	41 M 19:12.5	066 Gary Arps	Liberty Ctr OH	15 M 21:30.2
035 Jim Hanna	Angola IN	42 M 19:13.9	067 Belinda Sloffler	Huntertown IN	35 F 21:32.3
036 Colby Beck	Bowl Green OH	16 M 19:18.7	068 Steve Brown	Stryker OH	24 M 21:32.7
037 Darwin English	Bryan OH	16 M 19:26.0	069 Alan Bradley	New Haven IN	35 M 21:45.4
038 John Boes	Defiance OH	45 M 19:33.3	070 J Freudenberger	Bryan OH	12 M 21:49.3
039 Jenny Althoff	Sylvania OH	15 F 19:42.3	071 Chris Archer	Liberty Ctr OH	15 M 21:54.4
040 Fred Dickinson	Bowl Green OH	51 M 20:03.9	072 Jack Poling	Latty OH	12 M 21:55.5
041 Jimmy Hoff	Butler IN	11 M 20:11.7	073 John Fodero	Swanton OH	16 M 21:57.5
042 Eric Flood	Butler IN	13 M 20:18.9	074 J. Stevenson	Swanton OH	14 F 21:57.9
043 S. Steveson	Swanton Oh	15 F 20:19.8	075 Josh Cable	Holland OH	14 M 22:01.7
044 Jay Brown	Ney OH	16 M 20:22.2	076 D. Von Deylen	Bryan OH	39 M 22:08.9
045 Steve Miller	Pettisville OH	34 M 20:23.2	077 Jason Schieffer	Bryan OH	13 M 22:09.2
046 Doug Sander	Bryan OH	24 M 20:27.0	078 Chris Zacharias	Liberty Ctr OH	15 M 22:20.9
047 Wolfgang Fueter	Sherwood OH	17 M 20:08.8	079 Joyce Butler	Ft Wayne IN	40 F 22:33.9
			080 Jason Hoff	Butler IN	13 M 22:39.9

(Continued on next page)

Physician Referral Service

To find a doctor or a specialist call 425-DOCS

St. Joseph Medical Center's Physician Referral Service makes finding a doctor simple. And the service is free.

When you call 425-3627 (425-DOCS), you have access to information on over 250 primary and specialty care physicians. We can find a doctor who meets your needs, such as location, specialty, hours and types of insurance accepted.

Whether you are new in town, don't have a doctor, or need the name of a specialist, the Physician Referral Service is here to serve you Monday through Friday from 7 am to 5 pm.

Call 425-DOCS today.



ANCILLA SYSTEMS AFFILIATE



Foot race at St. Pat's Continued
Pla Name CITY, ST. AG S TIME

5K BY PLACE Continued

081 R.Schmuckel	Pioneer OH	38 M 22:51.1
082 Jackie Ghesack	Toledo OH	23 F 22:51.5
083 Jeff Coppler	Bryan OH	32 M 22:53.5
084 Leah Williams	Ft Wayne IN	13 F 22:57.4
085 John Cline	Ft Wayne IN	31 M 23:01.5
086 Jim Grube	Stryker OH	49 M 23:08.6
087 Joyce Wenzler	Archbold OH	35 F 23:25.3
088 Jerry Ohlinger	Archbold OH	31 M 23:27.3
089 Tiffany Box	Liberty Ctr OH	16 F 23:31.7
090 Kristine Brindle	Swanton OH	14 F 23:32.8
091 Chuck Mills	New Haven IN	40 M 23:34.0
092 Mike Degroff	Bryan OH	40 M 23:35.5
093 Sharon Miller	Liberty Ctr OH	13 F 23:48.5
094 Sara Campesino	Swanton OH	10 F 23:52.4
095 Kendra Runyon	Van Wert OH	17 F 23:53.4
096 Lynelle Richer	Wauseon OH	17 F 23:58.0
097 B. Thompson	Bryan OH	14 F 24:12.9
098 Doug Pyles	Bryan OH	28 M 24:21.1
099 M Stevenson	Swanton OH	39 F 24:28.5
100 Gary Grime	Perrysberg OH	45 M 24:32.9
101		
102 Steve Pieracini	Nepoleon OH	40 M 25:01.9
103 Lynette Cable	Holland OH	37 F 25:11.1
104 Mike Andrews	Defiance OH	38 M 25:27.5
105 Nancy Peterson	Oregon OH	37 F 25:43.6
106 Betty Huges	Toledo OH	48 F 25:55.7
107 Mark Chapman	Toledo Oh	37 M 25:57.7
108 Katrina Hug	Edgerton OH	14 F 27:18.9
109 J. Schmucker	Pioneer OH	10 F 27:36.4
110 Jan Gnagey	Pettitsville OH	24 F 27:51.7
111 Eric Neate	Delta OH	13 M 27:53.0
112 Tracy Murdock	Napoleon OH	13 F 28:51.5
113 Julie Schmucker	Pioneer OH	10 F 29:00.2
114 B. Hohenberger	Sherwood OH	34 F 29:06.4
115 Ryan Hartwig	Pauiding OH	08 M 29:11.2
116 Jarod Hartwig	Pauiding OH	07 M 29:49.9
117 Melanie Bengé	Ft Wayne IN	13 F 31:03.9
118 N. Hartwig	Pauiding OH	06 M 36:33.1

10K BY PLACE

001 Randy Lyons	Hudson MI	25 M 31:38.5
002 Perry Hunter	Napoleon OH	26 M 32:06.4
003 Dave Braun	Findlay OH	26 M 33:16.0
004 Howard Brummel	Pioneer OH	29 M 35:11.2
005 Tom O'riondon	Holland OH	18 M 35:20.2
006 Mike Robbins	Ft Wayne IN	38 M 35:39.2
007 Marvin L Retcher	Pauiding OH	25 M 35:55.6
008 Richard Burcham	Montpelier OH	33 M 35:55.9
009 Brad Middleton	Auburn, IN	30 M 36:02.8
010 Tom Brygider	Ottawa, OH	44 M 36:19.1
011 Gary Kufel	Toledo OH	21 M 36:33.2
012 Jim Clemens	Pauiding OH	20 M 36:37.8
013 Don Gjursin	Holland OH	42 M 36:57.2
014 Steven Matzinger	Toledo OH	19 M 37:07.9
015 Jency Brown	Lima OH	35 M 37:11.4
016 Tom Romarowski	Hudson MI	17 M 37:15.9
017 David Jimenez	Defiance OH	34 M 37:20.3
018 Jim Renier	Pauiding OH	16 M 38:04.7
019 Gary Walker	Ft Wayne IN	34 M 38:08.0
020 Dan Thornton	Montpelier OH	22 M 38:12.8
021 Rick Kanzlick	Archbold OH	26 M 38:23.0
022 Francis Leik	Lansing MI	49 M 38:44.1
023 Jay Prichard	Van Wert OH	30 M 38:56.0
024 Rob Harrington	Bryan OH	16 M 39:05.5
025 James Miller	Spencerville IN	39 M 39:09.3
026 Bill Smith	Romulus MI	41 M 39:12.6
027 D. Hohenberger	Sherwood OH	38 M 39:15.6

028 Archdio Alvarez	Bradner OH	38 M 39:29.6
029 Brian Evenson	Hudson MI	17 M 39:43.6
030 Jon Stevens	Defiance OH	14 M 40:02.1
031 Jamie Schmitz	Clayton MI	16 M 40:02.3
032 Jeff Burke	Hudson MI	16 M 40:25.3
033 Danny Ricker	Van Wert OH	31 M 40:31.1
034 James Rabbins	Bryan OH	39 M 40:40.6
035 Chris Hootman	Edgerton Oh	21 M 40:50.3
036 Ron Popejoy	Hudson MI	16 M 40:55.7
037 Matt Dempsey	Pauiding OH	15 M 41:02.1
038 Julie Stuckey	Defiance OH	28 F 41:05.5
039 Phil Mc Cartney	Bryan Oh	40 M 41:22.4
040 Marvin Fetter	Defiance OH	37 M 41:23.3
041 Susan Everitt	Ottawa LK MI	39 F 41:38.5
042 Michael Weaver	Hamler OH	34 M 41:53.2
043 Brad Deel	Pauiding OH	48 M 43:07.8
044 Chuck Rescorla	Bryan Oh	36 M 42:09.7
045 Tom Case	Sherwood OH	38 M 42:23.3
046 Darrell Gates	FT Wayne IN	43 M 42:24.5
047 Rodolfo Casillas	Holgate Oh	52 m 42:32.7
048 Rick Barry	Montpelier OH	32 M 42:52.4
049 Dave Kunes	Defiance OH	39 M 43:34.9
050 John Callicotte	Bryan OH	44 M 44:13.4
051 J.Thompson	Ft Wayne IN	28 M 44:23.5
052 Tom Althoff	Sylvania OH	47 M 44:26.3
053 William Smith	Defiance OH	54 M 44:43.0
054 Sandi Burchman	Motipelier OH	28 F 44:50.5
055 Mark Hurd	Bryan Oh	34 M 44:56.0
056 Duane Vioir	St Joe IN	46 M 44:59.7
057 Richard Schutt	Toledo OH	50 M 45:25.9
058 Ric Hageman	Stryker OH	39 M 45:31.3
059 Laura Wilson	Hicksville OH	17 F 45:32.6
060 Karen Brown	Lima OH	33 F 45:43.1
061 Ken Disler	Ft Wayne IN	65 M 45:47.4
062 Larry Davissou	Wolcottville IN	37 M 45:56.1
063 Connie Parsons	Defiance OH	32 F 46:28.2
064 Jim Hoffman	Bryan OH	46 M 46:31.2
065 Bruce Heine	Ft Wayne IN	37 M 46:35.2
066 Dave Davis	Bryan OH	49 M 46:41.8
067 Michael Yann	FT Wayne IN	35 M 46:44.4
068 Jim Richer	Wauseon OH	33 M 46:57.1
069 Barb Scroggham	FT Wayne IN	40 F 47:02.2
070 Judy Hulbert	Hamilton IN	16 F 47:06.0
071 Larry Smith	Bryan OH	34 M 47:13.9
072 Karl Dietsch	Ft Wayne IN	49 M 49:15.2
073 Bill Patterson	Angola IN	56 M 50:14.6
074 Harry Quandt	New Haven IN	34 M 50:26.1
075 Larry Short	Wauseon OH	41 M 50:42.2
076 Lila Miller	Wauseon OH	42 F 50:42.5
077 Sandra Schutt	Toledo Oh	49 F 51:07.5
078 Steve Melton	Toledo Oh	40 M 51:08.7
079 Rod House	Shepwood OH	52 M 51:32.2
080 Ed Miller	Wauseon OH	41 M 51:53.0
081 Kim Watkins	Bryan OH	35 M 52:50.8
082 Greg Jennings	Edgerton OH	40 M 53:08.1
083 Jerry Kufel	Toledo Oh	49 M 54:39.6
084 Jeff Brennan	Bryan OH	21 M 54:46.3
085 Robert Schneider	Ypsilanti MI	48 M 54:56.5
086 Susan Althoff	Sylvania OH	41 F 55:10.8
087 Larrt Ryan	Antwerp OH	43 M 57:10.0
088 Phillip Wolfe	Hillsdale MI	58 M 57:27.2
089 Janet Schiesser	Stryker OH	24 F 59:42.9
090 Gene Kelly	Ft Wayne IN	41 M 60:13.1
091 Sharon Shock	Defiance OH	44 F 62:36.5

5K WOMAN BY AGE

094 Sara Campesino	10 F 23:52.4
109 J. Schmucker	10 F 27:36.4

Foot race at St. Pat's Continued

Pla Name	CITY, ST.	AG S TIME
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5K WOMAN BY AGE Continued

113 Julie Schmucker	10 F	29:00.2
058 Alicia Mc Elroy	13 F	21:01.8
084 Leah Williams	13 F	22:57.4
093 Sharon Miller	13 F	23:48.5
112 Tracy Murdock	13 F	28:51.5
117 Melanie Bengge	13 F	31:03.9
074 J.Stevenson	14 F	21:57.9
090 Kristine Brindle	14 F	23:32.8
097 B. Thompson	14 F	24:12.9
108 Catrina Hug	14 F	27:18.9
039 Jenny Althoff	15 F	19:42.3
043 S. Stevenson	15 F	20:19.8
050 Jennifer Wilson	15 F	21:09.7
063 Annette Bergman	16 F	21:25.5
064 Lorie Malarney	16 F	21:27.9
089 Tiffany Box	16 F	23:31.7
095 Kendra Runyon	17 F	23:53.4
096 Lynelle Richer	17 F	23:58.0
082 Jackie Ghesack	23 F	22:51.5
110 Jan Gnagey	24 F	27:51.7
053 Moe Hornak	25 F	20:50.4
101 Beatrice Briggs	32 F	24:42.0

114 B. Hohenberger	34 F	29:06.4
067 Belinda Sloffler	35 F	21:32.3
087 Joyce Winzeler	35 F	23:25.3
103 Lynette Cable	37 F	25:11.1
105 Nancy Peterson	37 F	25:43.6
099 M. Stevenson	39 F	24:28.5
079 Joyce Butler	40 F	22:33.9
106 Betty Huges	48 F	25:55.7

10 K WOMEN BY AGE

070 Judy Hubert	16 F	47:06.0
059 Laura Wilson	17 F	45:32.6
089 Janet Schliesser	24 F	59:42.5
038 Julie Stuckey	28 F	41:05.5
054 Sandi Burcham	28 F	44:50.5
063 Connie Parsons	32 F	46:28.2
060 Karen Brown	33 F	45:43.1
041 Susan Everitt	39 F	41:38.5
069 Barb Scrogham	40 F	47:02.2
086 Susan Althoff	41 F	55:10.8
076 Lila Miller	42 F	50:42.5
091 Sharon Shock	44 F	62:36.5
077 Sandra Schutt	49 F	51:07.5

HELP WANTED

**Volunters are needed for
the Summit City 10K.**

**If you can't run,
then please volunteer.**

**Call Mike Ducy
484-4322**

THE RUN. REDEFINED.



The Nike Air-Max, with NIKE-AIR® cushioning. Making it the best-cushioned running shoe to ever hit the road. It will take you as far as you want to go. And then some.



1987 SPORTS TECH TRIPLE CROWN

October 31, 1987

Homestead 15K; Homestead, 10:00 am.



GLENBROOK SQUARE

NEXT TO THE ICE RINK

484-4322



FORT WAYNE TRACK CLUB
and
IPFW

5 KM Cross Country Race

Weather: 72° Sunny
Ideal

9-13-1987

Course: Mostly grass &
very interesting

MEN FINISHES

14 and under	Place	Time
1. Jon Wilkins	(15)	20:21
2. Rod Obregon	(34)	23:35
3. Jason Clagg	(37)	24:07
4. Michael Lindley	(38)	24:08
15-19		
1. Dana G. Brackett	(41)	24:24
20-24		
1. John Bodey	(2)	18:01
2. Paul Knott	(6)	18:41
3. Kev Walter	(21)	21:51
4. Bob Poursanidis	(24)	22:01
25-29		
1. Tom Loucks	(1)	16:56
2. Donald P. Cahill	(4)	18:27
3. Tom Welch	(13)	19:50
4. Shabbir Karim	(27)	22:40
5. Loran Lavano	(54)	29:42
30-34		
1. Tom Renz	(3)	18:14
2. Carl Hansen	(5)	18:31
3. Michael Glasper	(8)	19:01
4. Mark Brattoli	(17)	21:01
5. Joe Patterson	(18)	21:04
6. Murtaza Karim	(20)	21:28
7. Tom Roehling	(31)	22:57
35-39		
1. Niel Tate	(7)	18:44
2. John Treleaven	(9)	19:02
3. Bob Weber	(10)	19:07
4. Bob Waterson	(11)	19:08
5. Dave Howe	(16)	20:27
6. Phil Wisniewski	(19)	21:20
7. Ron Horan	(32)	23:03
8. Steve Beghtel	(33)	23:22
9. Richard Beemer	(36)	23:51
10. Mike Yann	(39)	24:14
11. Wayne Uncell	(47)	27:31
12. Mike Hendricks	(48)	29:06
13. Bill Tims	(60)	34:15
40-44		
1. Art Obregon	(12)	19:31
2. Don Lindley	(14)	19:55
3. Dean Cutshall	(23)	21:55
4. Clifton Gorrell	(26)	22:37
5. Tom Mather	(29)	22:45
6. Ed Beckner	(30)	22:46

MEN FINISHES

continued

	Place	Time
7. Jeff Raff	(35)	23:40
8. Tom Clagg	(45)	25:47
9. Blake Baumbartner	(62)	35:33
45-49		
None		
50-54		
1. Terry Gautsch	(25)	22:10
2. Bob Gensheimer	(28)	22:44
3. Rudi Florreich	(46)	26:07
4. John G. Jedinak	(50)	29:09
5. Bob Pauley	(52)	52:58
55-59		
1. J.P. Jones	(49)	29:07
60 and over		
1. Don Kemp	(40)	24:21
2. Ken Disler	(42)	24:48

WOMEN

19 and under		
1. Mernie Benge	(52)	29:16
2. Michelle Chicoine	(53)	29:18
3. Michelle Benge	(55)	29:53
20-29		
1. Betty DeWells	(51)	29:14
2. Sherrie Cahill	(56)	29:57
3. Carol Schnerre	(59)	33:33
30-39		
1. Kathleen Tims	(61)	34:15
40-49		
1. Ann Jamison	(22)	21:55
2. Josie Mather	(52)	31:49
3. Jo Anne Yurosko	(58)	32:11
4. Sharon Pauley	(63)	43:33
50 and over		
1. Fran Van Wagner	(43)	25:12

Many many thanks to all participants whose contributions add greatly to the IPFW Cross Country Scholarship Fund. Also, special thanks to Judy Tillapaugh, Clom Getty, Don and Roseann Lindley, Jerry Diehl and many volunteers who helped put on this successful cross country race. Next year we can have either a cross country race or road race or both.

Please let us know your wishes.

Mike Cast
IPFW Cross Country Coach

P.S. Since writing the above, the Fort Wayne Track Club has presented a check for \$400 (proceeds of race -plus) and the team and I thank you all very much for this needed boost to our Scholarship Fund.

1987 FJR TRIATHLON FINISH RESULTS

NAME	ADDRESS	AGE	SWIM	BIKE	RUN	TOTAL
Curtiss, Kathy	Davenport, IA	23	12.51	82.06	36.53	2:11:10
Duncan, Linda	Fort Wayne, IN	T	13.40	85.55	37.44	2:17:19
McKeachie, Karen	Ann Arbor, MI	34	13.30	87.04	39.14	2:19:48
Bearse, April	Ann Arbor, MI	23	13.19	87.56	43.22	2:24:37
Stachoski, Kathy	Fort Wayne, IN	T	12.03	90.50	45.44	2:28:37
Thibau, Marian	Auburn, IN	25	16.32	91.41	45.56	2:34:09
Rienas, Renee	Ann Arbor, MI	34	14.05	97.16	43.09	2:34:30
Kepler, Terri	Dexter, MI	33	14.37	99.08	41.50	2:35:35
Taillon, Linda	Munster, IN	23	12.54	94.28	48.50	2:36:12
Rogers, Katherine	Delaware, OH	20	16.00	98.48	46.04	2:40:52
Schuster, Cathy	Kokomo, IN	28	14.02	96.58	50.50	2:41:50
Conrad, Linda	Fort Wayne, IN	24	19.02	99.49	45.04	2:43:55
Fishback, Donna	Muncie, IN	30	15.34	95.20	53.39	2:44:33
Seidel, Becky	Fort Wayne, IN	T	15.08	98.57	50.58	2:45:03
Larsen, Kim	Fort Wayne, IN	26	13.17	100.29	52.56	2:46:02
Wormcastle, Betty	Fort Wayne, IN	26	23.20	94.03	48.59	2:46:22
Norris, Paula	Cleveland, OH	24	16.11	100.05	52.33	2:48:49
Hoover, Phyllis	Xenia, OH	T	18.47	109.41	42.44	2:51:12
Keeler, Pat	Centerville, OH	T	26.13	101.09	43.55	2:51:17
Gutwein, Madeline	Fort Wayne, IN	33	20.40	105.54	45.50	2:52:24
Bennet, Carol	Markle, IN	T	16.31	105.38	52.03	2:54:12
Harris, Peggy	Xenia, OH	36	16.01	110.44	47.41	2:54:26
O'Bryant, Linda	Albany, IN	44	17.59	104.51	54.55	2:57:45
Larrison, Luanne	Lafayette, IN	33	15.06	111.33	54.44	3:01:23
Knox, Brenda	Lafayette, IN	27	19.31	108.48	56.52	3:05:11
McManus, Dede	Fort Wayne, IN	T	24.35	112.17	48.33	3:05:25
Johnson, Carol	Xenia, OH	T	16.12	112.00	57.22	3:05:34
Johnson, Lisa	Marshall, MI	27	19.37	117.34	49.16	3:06:27
Wine, Jean	Muncie, IN	23	16.20	106.37	64.51	3:07:08
Bickel, Julie	Muncie, IN	26	15.14	113.59	58.55	3:08:08
Mize, Ann	Roanoke, IN	41	20.5	116.57	53.44	3:11:31
Rousseau, Susan	Fort Wayne, IN	T	23.01	122.25	54.58	3:20:24
Wilson, Julia	Fort Wayne, IN	47	24.17	115.10	62.35	3:22:02
McCarty, Ellen	Fort Wayne, IN	T	26.26	132.15	46.14	3:24:55
Bussa, Nancy	Carmel, IN	49	37.32	118.42	56.23	3:32:37

D'ALL	NAME	ADDRESS	AGE	SWIM	BIKE	RUN	TOTAL
1	Curtiss, Kathy	Davenport, IA	23	12.51	82.06	36.53	2:11:10
3	McKeachie, Karen	Ann Arbor, MI	34	13.30	87.04	39.14	2:19:48
4	Bearse, April	Ann Arbor, MI	23	13.19	87.56	43.22	2:24:37
9	Taillon, Linda	Munster, IN	23	12.54	94.28	48.50	2:36:12
10	Rogers, Katherine	Delaware, OH	20	16.00	98.48	46.04	2:40:52
12	Conrad, Linda	Fort Wayne, IN	24	19.02	99.49	45.04	2:43:55
17	Norris, Paula	Cleveland, OH	24	16.11	100.05	52.33	2:48:49
29	Wine, Jean	Muncie, IN	23	16.20	106.37	64.51	3:07:08
6	Thibau, Marian	Auburn, IN	25	16.32	91.41	45.56	2:34:09
11	Schuster, Cathy	Kokomo, IN	28	14.02	96.58	50.50	2:41:50
15	Larsen, Kim	Fort Wayne, IN	26	13.17	100.29	52.56	2:46:02
16	Wormcastle, Betty	Fort Wayne, IN	26	23.20	94.03	48.59	2:46:22
25	Knox, Brenda	Lafayette, IN	27	19.31	108.48	56.52	3:05:11
28	Johnson, Lisa	Marshall, MI	27	19.37	117.34	49.16	3:06:27
30	Bickel, Julie	Muncie, IN	26	15.14	113.59	58.55	3:08:08
7	Rienas, Renee	Ann Arbor, MI	34	14.05	97.16	43.09	2:34:30
8	Kepler, Terri	Dexter, MI	33	14.37	99.08	41.50	2:35:35
13	Fishback, Donna	Muncie, IN	30	15.34	95.20	53.39	2:44:33
20	Gutwein, Madeline	Fort Wayne, IN	33	20.40	105.54	45.50	2:52:24
24	Larrison, Luanne	Lafayette, IN	33	15.06	111.33	54.44	3:01:23
22	Harris, Peggy	Xenia, OH	36	16.01	110.44	47.41	2:54:26
23	O'Bryant, Linda	Albany, IN	44	17.59	104.51	54.55	2:57:45
31	Mize, Ann	Roanoke, IN	41	20.5	116.57	53.44	3:11:31
33	Wilson, Julia	Fort Wayne, IN	47	24.17	115.10	62.35	3:22:02
35	Bussa, Nancy	Carmel, IN	49	37.32	118.42	56.23	3:32:37
2	Duncan, Linda	Fort Wayne, IN	T	13.40	85.55	37.44	2:17:19
5	Stachoski, Kathy	Fort Wayne, IN	T	12.03	90.50	45.44	2:28:37
14	Seidel, Becky	Fort Wayne, IN	T	15.08	98.57	50.58	2:45:03
18	Hoover, Phyllis	Xenia, OH	T	18.47	109.41	42.44	2:51:12
19	Keeler, Pat	Centerville, OH	T	26.13	101.09	43.55	2:51:17
21	Bennet, Carol	Markle, IN	T	16.31	105.38	52.03	2:54:12
26	McManus, Dede	Fort Wayne, IN	T	24.35	112.17	48.33	3:05:25
27	Johnson, Carol	Xenia, OH	T	16.12	112.00	57.22	3:05:34
32	Rousseau, Susan	Fort Wayne, IN	T	23.01	122.25	54.58	3:20:24
34	McCarty, Ellen	Fort Wayne, IN	T	26.26	132.15	46.14	3:24:55



Caylor-Nickel

Orthopaedic and Athletic Rehabilitation Center

214 S. Main Street, Bluffton, IN 46714

STRETCHING - THE BEGINNING AND THE END

BY: ANDY VOGEL, RPT/ATC
CAYLOR-NICKEL ORTHOPAEDIC AND ATHLETIC REHABILITATION CENTER

Most people can barely find time during their busy schedule to get in a work-out, so often times a proper warm-up and cool down are omitted. However, stretching exercises are an important key to your overall physical performance.

Stretching both before and after a workout will promote easier joint movement, increase joint range of motion, prepare the body for more vigorous movements, saturate the muscle tissue with oxygen and delay muscle soreness. By having greater flexibility, one will be able to prevent muscle and soft tissue strains, decrease the compression on articular cartilage in the joints, relieve impingement of soft tissue structures within a joint and also increase their stride length. An analogy I like to use when speaking about the value of stretching exercises is you can't blow a bubble with cold bubble gum!

Stretching should be preceded by a five minute period of total body warm-up (such as running in place, light jogging, jumping rope or doing jumping jacks) in order to increase blood flow and body temperature. This will make the muscle and soft tissue structures more extensible so that they can be stretched easier and more effectively.

The most important principle to remember about stretching is that a muscle needs to be in a relaxed state before it can be stretched. A contracting muscle cannot be stretched very well. To stretch out the muscles of the trunk, low back and lower extremity, the body has to be positioned in either a supine (on your back), prone (on your stomach) or side lying position depending on which muscle group is being stretched.

The safest method of stretching is static stretching. With this technique, the relaxed muscle is slowly taken to and held in a position of mild pain free stretch. No bouncing or quick violent movements should be performed. To achieve a lasting physiological effect from stretching, each stretch should be held for a duration of 20-30 seconds. Each muscle group should be stretched 2-3 times both before and after a training session. If one muscle group is tighter than another, (especially the hamstrings in runners) additional stretching can be done for that group.

Stretching isn't the most exciting thing to do and it is time consuming, but it is essential to help prevent injury and to maximize performance.

Anthony J. Harris, RPT, ATC
Director

Andrew L. Vogel, RPT, ATC
Assistant Director

James L. Babcock, M.D.
Medical Director

L. Farrell Mock, M.D.
Medical Director

Parlor City Trot - Half Marathon
Bluffton, In - September 25, 1987

Overall winners -

Leo Turchyn - 1:11:16

Cynthia Sabrack - 1:41:42

1	Leo Turchyn	M	30	1:11:16
2	Jeff Bean	M	23	1:11:49
3	Tony Mathews	M	32	1:13:17
4	Dan Moord	M	30	1:15:39
5	Flip Miller	M	31	1:16:21
6	Tommy Goodson	M	33	1:16:40
7	Dale Jacobson	M	25	1:17:00
8	Barry Schneiders	M	22	1:17:21
9	Hal Pearson	M	32	1:17:22
10	Richard Myers	M	35	1:17:49
11	Jerry Williams	M	27	1:17:52
12	Gary Jewell	M	25	1:18:09
13	Brent Munro	M	27	1:18:16
14	Jerry Lacey	M	38	1:18:19
15	Bob Russell	M	27	1:19:08
16	Christopher Farrell	M	29	1:19:44
17	Marlin Howe	M	32	1:20:05
18	Jim Leffler	M	41	1:20:19
19	Jerry Diehl	M	36	1:20:52
20	Calvin King	M	30	1:21:02
21	David Smith	M	30	1:21:52
22	John Treleaven	M	35	1:21:54
23	Charlie Sursa	M	32	1:22:38
24	Ron Wallace	M	44	1:22:47
25	Terry Coonan	M	36	1:23:37
26	John Norris	M	49	1:24:08
27	Drew Carrel	M	47	1:25:26
28	Larry Averbek	M	47	1:25:29
29	Jim Ellert	M	30	1:25:43
30	Gary Walker	M	34	1:25:48
31	John Wulff	M	34	1:25:49
32	Steven Caswell	M	34	1:26:10
33	Jed Pearson	M	36	1:26:11
34	Curtis Ray	M	30	1:26:52
35	Cliff Mathews	M	41	1:27:22
36	Neal Morehead	M	30	1:27:28
37	Joe Ziegler	M	51	1:27:31
38	Mark Kuhn	M	21	1:27:51
39	Mark Brattoli	M	31	1:28:29
40	Lance Gallahan	M	35	1:28:33
41	Ervin Cox	M	27	1:28:37
42	Mike Heck	M	25	1:28:43
43	Larry England	M	24	1:29:12
44	David Fairchild	M	41	1:29:14
45	Robert Dill	M	31	1:29:35
46	Don Ford	M	37	1:29:40
47	Dick Furnish	M	27	1:29:41
48	John David McPherson	M	34	1:30:24
49	Don Moore	M	35	1:31:48
50	Clem Getty	M	52	1:32:04
51	Richard Lautzenheiser	M	49	1:32:14
52	David Carper	M	24	1:32:32
53	Pat Whittington	M	41	1:32:39

54	Randy Williams	M	38	1:32:52
55	Gary Kuhn	M	31	1:33:05
56	Kevin Gallahan	M	30	1:33:12
57	Gene Gran	M	56	1:33:17
58	Mano Jagasia	M	42	1:33:35
59	Dan Richey	M	34	1:33:35
60	Bernie Burgette	M	44	1:33:45
61	Tim Bolin	M	36	1:33:51
62	Steve Adkison	M	43	1:34:31
63	Dennis Comner	M	35	1:34:36
64	J.D. Collins	M	24	1:34:36
65	Tom Felger	M	47	1:34:56
66	Steve Goldthwaite	M	39	1:35:00
67	Max Murchland	M	36	1:35:18
68	Skip Stinson	M	23	1:35:26
69	Dave Wolff	M	44	1:36:25
70	Ron McPherson	M	31	1:36:39
71	Denis Pauze	M	45	1:36:46
72	Michael Callahan	M	34	1:37:44
73	Duane Veirol	M	46	1:37:53
74	Floyd Lobsiger	M	47	1:38:37
75	Sam Hadley	M	35	1:39:54
76	Joe Chimbanda	M	43	1:39:54
77	David Zaugg	M	26	1:40:07
78	Bob Gardner	M	46	1:40:14
79	Jim Hanna	M	42	1:40:29
80	John McAdams	M	46	1:40:35
81	Norman Whisler	M	53	1:40:41
82	John Fitzgerald	M	48	1:40:49
83	Tom Fisher	M	38	1:40:54
84	Bill Webb	M	40	1:41:09
85	Bob Salay	M	52	1:41:30
86	Richard Zink	M	45	1:41:41
87	Cynthia Sabrack	F	30	1:41:42
88	Ed Ferris	M	36	1:41:42
89	Joe Frederick	M	44	1:41:55
90	James Miller	M	40	1:42:10
91	Richard Pomerleave	M	41	1:43:58
92	Connie Hoverman	F	41	1:44:00
93	Thom Johnson	M	33	1:44:09
94	Paul Sabrack	M	35	1:44:58
95	Al Henkel	M	38	1:45:01
96	John Lantz	M	33	1:45:08
97	Jim McGowin	M	45	1:45:29
98	Richard Blair	M	41	1:46:07
99	Mary Sortal	F	34	1:46:19
100	David Dale	M	49	1:46:34
101	Rhinda Matchell	F	36	1:47:29
102	Ron Woolsey	M	33	1:47:32
103	Gary Winder	M	49	1:47:35
104	Shawn Miller	F	22	1:47:55
105	Larry Wright	M	42	1:47:56
106	Gary Miller	M	49	1:47:57
107	Ron Routh	M	38	1:48:34
108	Tim Whaley	M	35	1:48:53
109	Gary Studebaker	M	40	1:49:00
110	Laurie Stroup	F	26	1:49:01
111	Larry Davisson	M	37	1:49:02
112	David Judkins	M	33	1:49:16
113	Michael Furnish	M	35	1:49:24
114	Duane Kilty	M	29	1:49:41
115	Norm Bailey	M	37	1:49:42

116 Marvin Proffett	M	49	1:49:53
117 Bill Townsend	M	36	1:49:59
118 Jerry Davis	M	32	1:50:34
119 Janine Carrier	F	23	1:50:36
120 Richard Crispen	M	43	1:51:54
121 Robert Harris	M	37	1:52:25
122 Karl Dietsch	M	49	1:52:27
123 Pete Schmeckebier	M	44	1:54:15
124 Wilbur Miller	M	50	1:54:45
125 Wayne Ley	M	32	1:54:49
126 Howard Bash	M	54	1:55:44
127 Jody Mousel	F	34	1:55:54
128 James Knight	M	53	1:54:55
129 Barbara Miller	F	47	1:55:57
130 Sondra Seibold	F	36	1:56:03
131 Dan Sullivan	M	37	1:56:08
132 Sara Kleinknight	F	44	1:56:39
133 Patrick Small	M	36	1:58:03
134 Ed Beckner	M	42	1:58:49
135 Gary Oden	M	40	1:58:49
136 Steve Felger	M	34	1:59:24
137 Gloria Nycum	F	52	1:59:42
138 Rudy Kleinknight	M	43	1:59:46
139 David Hans	M	43	1:59:53
140 King Sullivan	M	56	1:59:58
141 Sue Mungovan	F	34	1:59:59
142 Chuck Mills	M	41	2:00:42
143 Del Lewis	M	41	2:02:08
144 Cecil Richardson	M	43	2:04:03
145 Betty DeWelle	F	26	2:04:16
146 Quinn Curry	M	28	2:07:30
147 Vaughn Roberts	M	51	2:07:31
148 Ellen Schwartz	F	42	2:08:57
149 Margaret Whitesel	F	47	2:11:58
150 Sandy Ferris	F	30	2:13:58
151 Jill Hamilton	F	27	2:16:29
152 Don Morris	M	54	2:18:05
153 Janet Richardson	F	42	2:20:30
154 Stan Tyner	M	35	2:20:31
155 Barb Hadley	F	36	2:20:52
156 Eugene Haines	M	61	2:24:05
157 Shirley Paul	F	52	2:24:06
158 Sterlin Lewis	M	27	2:25:44
159 Robert Beckman	M	62	2:29:29
160 Tony Beeks	M	19	2:40:57

DIVISION WINNERS 1987 PARLOR CITY TROT

Top Ten Men		Top Ten Women	
1 Leo Turchyn	1:11:16	1 Cynthia Sabrack	1:41:42
2 Jeff Bean	1:11:49	2 Connie Hoverman	1:44:00
3 Tony Matthews	1:13:17	3 Mary Sortal	1:46:19
4 Dan Moord	1:15:39	4 Rhinda Matchell	1:47:29
5 Flip Miller	1:16:21	5 Shawn Miller	1:47:55
6 Tommy Goodson	1:16:40	6 Laurie Stroup	1:49:01
7 Dale Jacobson	1:17:00	7 Janine Carrier	1:50:36
8 Barry Schieders	1:17:21	8 Jody Mousel	1:55:54
9 Hal Pearson	1:17:22	9 Barbara Miller	1:55:57
10 Richard Myers	1:17:49	10 Sondra Siebold	1:56:03

AGE GROUPS

Men

Women

15-19

1 Tony Beeks (19) 2:40:57

Men
20-24

1	Mark Kuhn (21)	1:27:51
2	Larry England (24)	1:29:12
3	David Carper (24)	1:32:32
4	J.D. Collins (24)	1:34:36
5	Skip Stinson (23)	1:35:26

25-29

1	Jerry Williams (27)	1:17:52
2	Gary Jewell (25)	1:18:09
3	Brent Munro (27)	1:18:16
4	Bob Russell (27)	1:19:08
5	Chris Ferrell (29)	1:19:44

30-34

1	Marlin Howe (32)	1:20:05
2	Calvin King (30)	1:21:02
3	David Smith (30)	1:21:52
4	Charley Sursa (32)	1:22:38
5	Jim Ellert (30)	1:25:43

35-39

1	Jerry Lacey (38)	1:18:19
2	Jerry Diehl (36)	1:20:52
3	John Treleaven (35)	1:21:54
4	Terry Coonan (36)	1:23:37
5	Jed Pearson (36)	1:26:11

40-44

1	Jim Leffler (41)	1:20:19
2	Ron Wallace (44)	1:22:47
3	Cliff Mathews (41)	1:27:22
4	David Fairchild (41)	1:29:14
5	Pat Whittington (41)	1:32:39

45-49

1	John Norris (49)	1:24:08
2	Drew Carrel (47)	1:25:26
3	Larry Averbeck (47)	1:25:29
4	Dick Lautzenheiser (49)	1:32:14
5	Tom Felger (47)	1:34:56

50-54

1	Joe Ziegler (51)	1:27:31
2	Clem Getty (52)	1:32:04
3	Norman Whisler (53)	1:40:41
4	Bob Saloy (52)	1:41:30
5	Wilbur Miller (50)	1:54:45

55-59

1	Gene Gran (56)	1:33:17	1
2	King Sullivan (56)	1:59:58	2

60-69

1	Eugene Haines (61)	2:24:05
2	Robert Beckman (62)	2:29:29

Women

25-29

1	Betty DeWelle (26)	2:04:16
2	Jill Hamilton (27)	2:16:29

30-34

1	Sue Mungovan (34)	1:59:59
2	Sandy Ferris (30)	2:13:58

35-39

1	Barb Hadley (36)	2:20:52
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40-49

1	Sara Kleinknight (44)	1:56:39
2	Ellen Schwartz (42)	2:08:57
3	Margaret Whitesel (49)	2:11:58
4	Janet Richardson (42)	2:20:30

50-59

1	Gloria Nycum (52)	1:59:42
2	Shirley Paul (52)	2:24:06

Wells County Trotter Award Winners

Male

Jerry Diehl
Dan Moore
Richard Lautzenheiser

Female

Laurie Stroup
Jody Mousel
Sara Kleinknight



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1987 RACE SCHEDULE

OCTOBER 10, 1987

Montana's All Women's Run: 1 mile, 5K, 10K, 13.1 miles; Missoula, Montana.
Blue Mountain Women's Clinic: 715 Kensington, Suite 24, Missoula, Montana.

OCTOBER 11, 1987

Covered Bridge Run: 10 miles; Mansfield, Indiana; (317) 344-1120.
Twin Cities Marathon: Minneapolis/St. Paul; 26.2 miles; Twin Cities Marathon, P.O. Box 24193, Minneapolis, MN.

OCTOBER 12, 1987

Tuft's 10K for Women: Conventures, 45 Newberry St., Boston, Massachusetts.

OCTOBER 17, 1987

Bloomington Break-Away 10K & 5K: Harmony School; Bloomington, Indiana; 344-8349.

OCTOBER 18, 1987

Detroit Free Press Marathon: 26.2 miles; Pam Weinstein, 321 W. Lafayette, Detroit, Michigan.

OCTOBER 24, 1987

Jasper Wood Capital Classic; Jasper, Indiana; (812) 482-0419.

Wendy's 10K Classic; 10K, 11:30 am; Wendy's 10K Classic, P.O. Box 1316, Bowling Green Kentucky.

OCTOBER 31, 1987

Pleasant Run 5 Miler; Indianapolis, IN.

NOVEMBER 1, 1987

7-11 Grande Finale 10K; Terre Haute, Indiana; (812) 232-3961.
Marine Corps Marathon, Washington DC; 26.2 miles; Marine Corps Marathon, P.O. Box 188, Quantico, Virginia.
New York City Marathon; 26.2 miles; New York Road Runners Club, 8 E. 89th St., New York, New York.

NOVEMBER 7, 1987

De Feet Diabetes 10K; West Lafayette

NOVEMBER 8, 1987

Columbus Marathon; 26.2 miles; Columbus Marathon, Corporate Processing Dept., Columbus, Ohio.

NOVEMBER 14, 1987

Karstan Women's 4 miler; NYRRC, Box 882, FDR Station, New York, NY.

NOVEMBER 21, 1987

Ludwig Turkey Trot 5K; Portland, IN.

NOVEMBER 22, 1987

16th Annual St. Louis Marathon, 26.2 miles; 8:00 am. start; St. Louis, Missouri

NOVEMBER 28, 1987

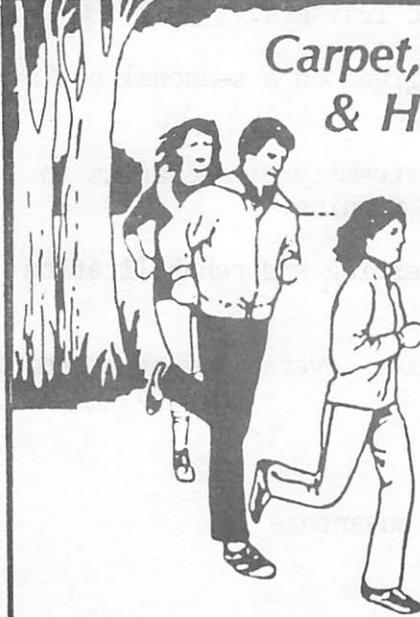
Tree City Run 10K; Greensburg, IN.

DECEMBER 6, 1987

Honolulu Marathon; 26.2 miles, 6:00 am; Honolulu, Hawaii.

DECEMBER 12, 1987

Snowman Chase 4 Mile; Maurice Ragsdale; Bedford Indiana; 279-5029.



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October 25, 1987

Summit City 10K; Fort Wayne, Indiana; 2:00 pm.

October 31, 1987

Homestead 15K; Homestead, 10:00 am.

December 12, 1987

J. P. Jones, 10K; Foster Park, Fort Wayne, Indiana; 2:00 pm.

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